



# March 2010

## Aqua Fitness Schedule



Sun

Mon

Tue

Wed

Thu

Fri

Sat

<p>Bobsie 831-0581 Kathy 831-5927 Sally 825-0111 Barb B. 831-0626 Sandy 831-7668 Carol J. 530-582-0578 Micki 832-5401 Janice 831-2295 Shirley 530-546-2547</p> <p>In an emergency call to post cancellation: Pandora 775-342-5748</p>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
	7:00 SPLASH Sandy 9:30 COMBO Bobsie 5:30pm HYDRO CUFF Barb	9:30 COMBO Bobsie 10:45 H2O BASIC Kathy	7:00 SPLASH Sandy 9:30 COMBO Bobsie 5:30pm HYDRO CUFF Carol	9:30 COMBO Sally 10:45 H2O BASIC Sally	9:30 COMBO Sally	9:30 COMBO Matt
	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
	7:00 SPLASH Sandy 9:30 COMBO Shirley 5:30pm HYDRO CUFF Barb	9:30 COMBO Bobsie 10:45 H2O BASIC Kathy	7:00 SPLASH Sandy 9:30 COMBO Bobsie 5:30pm HYDRO CUFF Carol	9:30 COMBO Sally 10:45 H2O BASIC Sally	9:30 COMBO Sally	9:30 COMBO Matt
	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
	7:00 SPLASH Sandy 9:30 COMBO Bobsie 5:30pm HYDRO CUFF Barb	9:30 COMBO Bobsie 10:45 H2O BASIC Kathy	7:00 SPLASH Sandy 9:30 COMBO Bobsie 5:30pm HYDRO CUFF Carol	9:30 COMBO Sally 10:45 H2O BASIC Sally	9:30 COMBO Sally	9:30 COMBO Janice
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	
7:00 SPLASH Sandy 9:30 COMBO Barb W 5:30pm HYDRO CUFF Barb W	9:30 COMBO Shirley 10:45 H2O BASIC Kathy	7:00 SPLASH Sandy 9:30 COMBO Shirley 5:30pm HYDRO CUFF Carol	9:30 COMBO Sally 10:45 H2O BASIC Sally	9:30 COMBO Sally	9:30 COMBO Matt	
<b>29</b>	<b>30</b>	<b>31</b>				
7:00 SPLASH Sandy 9:30 COMBO Bobsie 5:30pm HYDRO CUFF Barb	9:30 COMBO Bobsie 10:45 H2O BASIC Kathy	7:00 SPLASH Sandy 9:30 COMBO Bobsie 5:30pm HYDRO CUFF Carol				

NEW: ALL AQUA FITNESS CLASSES ARE 55+ RATE: \$10.00

IVGID PASS HOLDER \$5.00

