

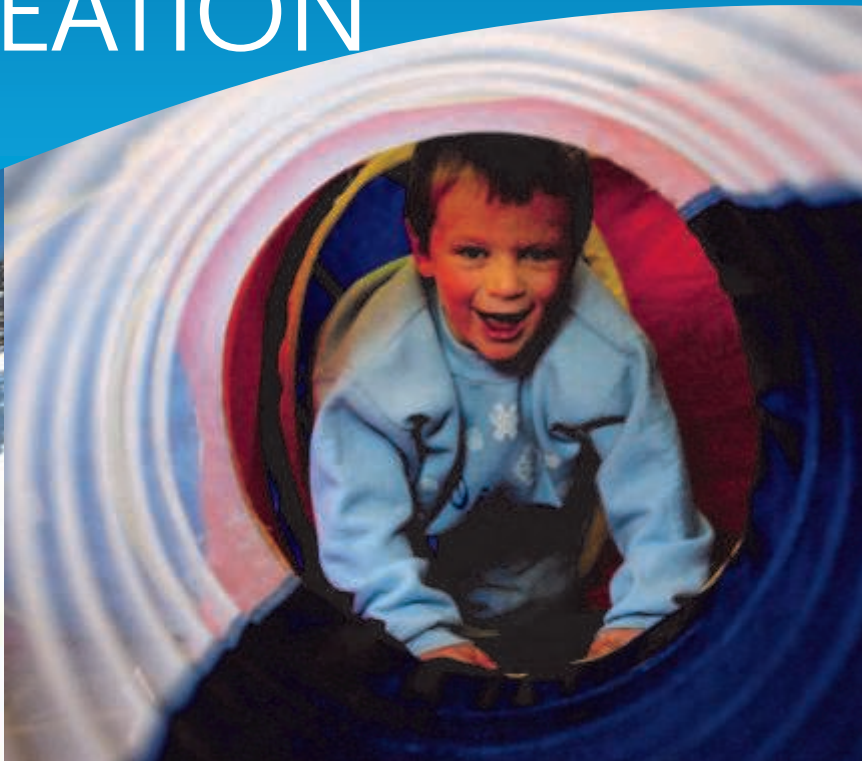


INCLINE VILLAGE

Your Tahoe Place.

PARKS & RECREATION

Fall/Winter 2011-2012



INCLINE VILLAGE

GENERAL IMPROVEMENT DISTRICT
ONE DISTRICT - ONE TEAM



LAKE TAHOE

See the full version of this guide on our website: www.inclinerecreation.com

IVGID PARKS & FACILITIES INFORMATION

	Playing Fields	Play Ground	Picnic Tables	Barbecues	Tennis Courts	Skate Park	Bocci Ball Area	Volleyball Court	Pool	Boat Ramp	Gymnasium	Res. Group Picnic Area	Snack Bar	Full Service Restaurant	Meeting Space Rental
PRESTON FIELD 700 Tahoe Blvd. (775) 832-1310	✓	✓	✓	✓								✓			
VILLAGE GREEN 960 Lakeshore Blvd. (775) 832-1310	✓		✓												
ASPEN GROVE COMM. CENTER 960 Lakeshore Blvd. (775) 832-1310			✓	✓								✓			✓
TENNIS CENTER 980 Incline Way (775) 832-1235			✓	✓	✓								✓		
RECREATION CENTER 980 Incline Way (775) 832-1310			✓					✓	✓		✓		✓		✓
INCLINE SKATE PARK Tahoe Blvd & Southwood Blvd. (775) 832-1310						✓									
INCLINE PARK 939 Southwood Blvd. (775) 832-1310	✓		✓	✓											
INCLINE BEACH 967 Lakeshore Blvd. (775) 832-1233		✓	✓	✓								✓	✓		
SKI BEACH 967 Lakeshore Blvd. (775) 832-1156			✓	✓			✓	✓		✓					
BURNED CEDAR BEACH 665 Lakeshore Blvd. (775) 832-1232		✓	✓	✓				✓	✓			✓	✓		
THE CHATEAU AT INCLINE VILLAGE™ 955 Fairway Blvd. (775) 832-1240															✓
DIAMOND PEAK SKI RESORT 1210 Ski Way (775) 832-1177			✓										✓		✓
THE GRILLE AT THE CHATEAU 955 Fairway Blvd. (775) 832-1178														✓	✓
CHAMPIONSHIP GOLF COURSE 955 Fairway Blvd. (775) 832-1146													✓		
MOUNTAIN GOLF COURSE 690 Wilson Way (775) 832-1150													✓		

Please call (775) 832-1310 for picnic area and field rental information and (775) 832-1240 for Aspen Grove and Chateau rental information.



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Contact Information
 Recreation Center/Host Desk (775) 832-1300
 Parks & Recreation Counter (775) 832-1310
 Sports Office (775) 832-1322
 Programs & Special Events Office (775) 832-1301
 Tennis Center (775) 832-1235
 Recreation Center Pool (775) 832-1321
 IVGID Administration/Human Resources (775) 832-1100
 IVGID Water & Sewer (775) 832-1203
 Waste Not (775) 832-1284

Parks & Recreation Department Staff
Hal Paris Parks & Recreation Director
Indra Winqwest Parks & Recreation Superintendent
Donna Brooks Recreation Center Manager
Steven Phillips Parks Superintendent
Mark Miller Parks Supervisor
Samantha Gough Parks Crew Supervisor
John Dee Administrative Clerk
Misty Moga Administrative Specialist
Pandora Bahlman Recreation Manager/Fitness
Justin Bluhm Recreation Supervisor/Aquatics
Kari Ferguson Recreation Supervisor/Programs
Shane Goddard Recreation Supervisor/Sports
Shelia Leijon Recreation Supervisor/Seniors
Billy Knight Director of Tennis
Denise Springsteel Senior Recreation Clerk
John Fardelmann Building Maintenance II

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 ADDITIONAL PHOTOS PROVIDED BY: Jen Schmidt

Incline Village General Improvement District
 IVGID Administration Office
 893 Southwood Blvd, Incline Village, NV 89451
 (775) 832-1100
 www.ivgid.org

IVGID Executive Staff
 William B. Horn General Manager
 Gerald Eick Director of Finance, Accounting & IT
 Susan Johnson Director of Human Resources
 Joe Pomroy Director of Public Works
 Susan Herron Executive Assistant, Clerk to Board of Trustees

**ONLINE REGISTRATION
 AVAILABLE AT
 www.inclinerecreation.com**

PARKS & RECREATION DEPT. COUNTER OPERATIONS

Parks & Recreation Department Counter Hours & Information
 The Parks & Recreation Department Counter is located inside the Recreation Center, 980 Incline Way. Summer hours of operation are 8am – 5:30pm, Monday through Saturday. Winter hours of operation are 8:30am – 5:30pm, Monday through Friday and 8:30am – 2pm on Saturday. Winter hours generally begin the weekend after Labor Day and run through mid-May. Please call (775) 832-1310 for specific dates when hours will change. The Counter issues IVGID Recreation Photo IDs and Recreation Punch Cards, maintains the kayak storage facilities at Ski and Hermit Beaches, arranges group picnic area rentals and registers participants for recreation, fitness, aquatics, camps and sports programs.



Our Parks & Recreation Clerks are also available to answer questions about recreation opportunities and policies. Please call (775) 832-1310 for information on all Parks & Recreation Department Counter Operations.

Scholarships Available!

We want every child to have the opportunity to participate in our recreation activities. Financial assistance is available for many of our programs. Call (775) 832-1310 for more information. A valid IVGID Pass is required.

Customer Satisfaction

We guarantee your satisfaction with all of our programs, and we strive to provide top quality activities and to meet all of your needs. If you are unsatisfied with a program or have extenuating circumstances that are keeping you from attending the program, please call us at (775) 832-1310 and the program supervisor will be happy to assist with a refund or credit within thirty days from the first class or program meeting.

Class & Program Registration

Registration is easy, so don't wait! Visit our office in the Recreation Center at 980 Incline Way to register for any of the classes or programs in this **brochure, or register online at www.inclinerecreation.com! You will find a button that says "Register Online."** The Parks & Recreation Department Counter is open for walk-in registration or you may phone in your registration by charging the fee to your Visa, American Express or Master Card. Please note that you must fill out all applicable waivers, releases and program registration forms for each program or class participant prior to registration. You may call to have these forms faxed or emailed to you or you can get them on our website at www.inclinerecreation.com (under Programs > Registration) and return via fax at (775) 832-1380. Classes will be cancelled if there is not sufficient pre-registration.

Online Registration Information

Program Registration is at your fingertips! The Parks & Recreation Department now offers safe and convenient online class and program registration. Register online for most adult and youth programs in minutes. Check out our website at www.inclinerecreation.com, drop by or contact the Parks & Recreation Department Counter at (775) 832-1310 for information on how to establish your online account.

ONLINE Punch Card Renewal

Recreation Punch Card renewal and balance information is now available online. Parcel Owners can visit www.inclinerecreation.com and **look for the "Renew Recreation Punch Cards Online"** button to renew Punch Card(s) and check balances. Beginning June 1, all parcel owners can renew Punch Cards one of three ways, 1) Online 2) By calling the Parks & Recreation Counter on or after June 1 or 3) At the Parks & Recreation Department Counter on or after June 1. Please call (775) 832-1310 for more information or to get your Confirmed Log-in ID.

Register Online at
www.inclinerecreation.com

**Renew Recreation
 Punch Cards
 ONLINE!**

All fees, times, and dates are subject to change at the discretion of the Incline Village Board of Trustees and the Parks & Recreation Department.

RECREATION CENTER - (775)832-1300

Welcome to the Incline Village Recreation Center!

Whether you're in town for a day or a year-round resident, we welcome you to Lake Tahoe's finest fitness and recreation center. Our 37,000 square foot, first-class complex boasts a wide variety of activities for all ages and interests. The Recreation Center offers a complete selection of programs and equipment for you and your family to enjoy daily, weekly, monthly or annually. With a myriad of activities and fitness classes available, we have a place for your workout!

Snack Bar/Pro Shop

Need a quick energy boost? How about a new swimsuit? The snack bar and pro shop, located in the main lobby, are here to serve your needs. Our pro shop is your stop for yoga mats, seasonal clothing, headphones, swim wear, swim goggles and other accessories. The snack bar offers energy bars, nuts, candy, sports drinks, bottled water, coffee, soda and juices.

The Kid Zone!

Want to workout or play tennis but don't know what to do with the little one? The Recreation Center offers drop-in child care service for members and guests to use while working out or playing tennis. Our child care service is licensed by the Washoe County Department of Social Services. A current shot record is required to attend. Please bring a copy or fax to (775) 832-1380. We look forward to meeting your little one soon!

Monday - Saturday 9:00 am - 12:00 pm
 Tuesday & Thursday 5:00 pm - 7:00 pm

Recreation Center Rates

	Ongoing Monthly Rates*		Annual Rates**	
	w/IVGID Rate	Pass	w/IVGID Rate	Pass
Single	\$65	\$49	\$677	\$523
Couple	\$102	\$71	\$1,035	\$761
Family	\$117	\$92	\$1,184	\$970
Senior Single	\$58	\$43	\$625	\$459
Senior Couple	\$86	\$66	\$892	\$685
Senior Family	\$105	\$85	\$968	\$889
Student (13-23)	\$55	\$42	\$559	\$411

Temporary or Special Use Rates

	1 Week		2 Weeks		1 Month		3 Months		6 Months	
	W/IVGID PASS	W/IVGID PASS	W/IVGID PASS	W/IVGID PASS	W/IVGID PASS	W/IVGID PASS	W/IVGID PASS	W/IVGID PASS	W/IVGID PASS	
Single	\$39	\$30	\$45	\$36	\$79	\$65	\$236	\$195	\$389	\$299
Couple	\$51	\$38	\$59	\$45	\$115	\$87	\$324	\$260	\$609	\$428
Family	\$65	\$50	\$71	\$59	\$136	\$105	\$347	\$315	\$708	\$552
Senior Single	\$37	\$23	\$44	\$30	\$71	\$59	\$214	\$175	\$344	\$260
Senior Couple	\$50	\$37	\$59	\$44	\$102	\$79	\$304	\$237	\$519	\$396
Student (13-23)	\$34	\$21	\$39	\$26	\$68	\$47	\$203	\$142	\$324	\$253

*Ongoing monthly - must maintain membership for at least six consecutive months. **Annual - Payment in due at sign up.

Birthday Parties and more!

It's party time! The Recreation Center lobby is available for birthday parties and more. Lobby rentals are \$80 or \$65 with IVGID Pass which includes use of the big screen TV, ping pong, video games, and computers. Take the party goers swimming, the gymnasium, or the Bounce house. Additional rates may apply. For more information call (775) 832-1343.

Need a place to hold a meeting, get a group together for cards, a family reunion, anniversary or holiday party? The lobby and back deck provide plenty of space for all types of events. If your event includes food or beverages and you need assistance with planning, the IVGID Food & Beverage department is also available.

Totally Active

How about a deal for our younger guests? All kids between the ages of 11 and 18 get in for just \$4, seven days a week! Children can swim, shoot hoops and workout in the fitness room during limited hours (must be 12 years+ and trained on all fitness equipment). This program is not supervised and participants are expected to follow all Recreation Center rules.

Days/Hours:	Saturday & Sunday:	12:00 pm - 7:30 pm
	Monday - Thursday:	12:00 pm - 5:30 pm
	Friday:	12:00 pm - 8:00 pm
Fee:	\$4 / person	

Daily Use Punch Cards at the Recreation Center: 11 visits for the price of 10!
 Inquire at the Host Desk or call (775) 832-1300 for details.

Recreation Center Hours
 Monday - Friday: 6:00 am - 9:00 pm
 Saturday & Sunday: 7:00 am - 8:00 pm

We also offer a Corporate Membership Program **to keep your company's greatest assets** happy and healthy. Research proves a healthy employee is a more productive employee. Check it out online at InclineRecreation.com, stop by the Host Desk or call (775) 832-1300.

Daily Rate

	DAILY Fee	W/IVGID PASS
Single	\$15	\$11
Senior Single	\$13	\$9
Student (13-23)	\$12	\$8
Youth (6-12)	\$9	\$6

RECREATION CENTER FITNESS, HEALTH & WELLNESS

What We Have to Offer!

Cardiovascular Room ~ We offer a variety of cardiovascular equipment including elliptical cross trainers, treadmills, Stairmaster Free Climbers, a rower, bicycles (recumbent, spin and upright), a Versaclimber and an Ergometer. Most of the cardiovascular fitness equipment is equipped with personal televisions and the rest are connected to the group cardio theater system, Broadcast Vision.

Strength Area ~ Includes 14 individual Cybex Eagle Strength circuit machines, a LifeFitness dual pulley system, Cybex Modular Strength System with six strength stations, dumbbells up to 100 pounds, 4 adjustable flat bench workout stations and a plethora of small equipment for resistance, balance, core flexibility and agility training.

Group Fitness Classes ~ 35+ group fitness classes including 8 Cardio Cycling classes are offered at no charge to Recreation Center members. Check out the Group Fitness Class schedule on page 9.

25 Yard Indoor Pool ~ Our beautiful 8 lane indoor pool offers a variety of Aqua Fitness classes with 2 lanes for lap swimming available during all pool hours (except during special events). See the Recreation Center Pool schedule on page 22 for details.

55+ Fitness & Yoga Classes

These 50-minute classes, held three times per week, are designed specifically to increase muscle strength, enhance range of motion, realign and define body shape, improve posture, increase blood circulation, improve flexibility & balance or to specifically instruct yoga movements and positions. Pre-registration is not necessary. Bring your IVGID Pass and receive the reduced rate.



Date: Ongoing
Days/Times: Tuesdays & Thursdays - Fitness (11:10 am - 12:00 pm)
 Wednesdays - Yoga (11:10 am - 12:00 pm)
Location: Recreation Center, Group Fitness Room
Fee: Free to Recreation Center members,
 \$10, \$5 w/ IVGID Pass.

New Member Orientation

To receive a facility tour, an instructional overview of the fitness/weight room and some helpful program and class information, call (775) 832-1350 to make an appointment.

Fitness Attendant Schedule

Fitness staff is available to answer simple strength & cardio equipment related questions at no charge. If you need assistance at a special time, call (775) 832-1350 and we will be happy to arrange it.

Days/Hours: Monday - Saturday 9:00 am - 11:00 am
 Monday - Friday 3:30 pm - 6:00 pm

Personal Training

Create lifelong healthy habits and improve your overall well-being. Personal training is provided by certified, trained professionals who will evaluate your individual fitness needs, design a plan of action and motivate you to reach your fitness goals. Your program will include an individualized format and instruction, continuous program progression (if desired), strength and cardiovascular endurance exercises, pre and post-operative conditioning and proper stretching to improve flexibility.

A personal program can teach you correct form, help with recovery from injury or illness, train for a specific sport or just get you acquainted and comfortable in the fitness room. Our trainers come from diverse backgrounds and bring with them a unique set of specialties and skills. They are certified by a nationally recognized organization and hold current CPR and first aid certifications. Please call (775) 832-1350 to make an appointment or obtain more information.

TRX Suspension Personal Training & Semi-Private Training

TRX Suspension Training builds total body strength, balance, flexibility, and core stability for people of all fitness levels. It was designed by a Navy SEAL as a "go-anywhere workout." This set of nylon straps creates resistance from two sources: body weight and gravity. TRX training will develop a leaner more athletic body, improve your balance and flexibility, and reduce over-use injuries. Contact Norm Sussman (775) 830-4374. Personal 1-hour session: \$65. Semi-private (2 people) 1-hour session: \$75.

Massage Therapy

"Just The Way You Like It," whether before or after a strenuous workout at the Recreation Center, you can relax or ease muscle tension with a massage. No longer considered just an indulgence, massage is a recognized, effective treatment for many health conditions and a great way to recover from the muscle stress created after fitness training. We offer Integrated Therapeutic Massage by appointment. Please inquire at the Host Desk or call (775) 832-1300. Integrated Therapeutic Massage is a blend of Swedish, Sports, Deep Tissue, Aromatherapy, Shiatsu and/or acupressure techniques. Our therapists are all certified and licensed.

Rates: ½ hour - \$50 / 1 hour - \$75 / 1½ hours - \$105 / 2 hours - \$140

On-Site Massage

On-site massage can be arranged for your group at the office or a special event. On-site massage is offered at a rate of \$1.40 per minute with a minimum of 10 minutes per massage and six people per on-site session. To book an appointment, call (775) 832-1350 today!

FITNESS, HEALTH & WELLNESS / MASSAGE

Winter Sports Conditioning

This class will focus on sports specific strength, flexibility, balance, endurance, agility and coordination. Each class will include a warm-up, group drills, stretch, 10-station circuit, sports specific tips and **informational handouts**. **The program will begin and end with "Ski or Boarding Fit" assessment.** *Sunday classes are family friendly. Children 9 years or older can attend.*



Dates: October 10 - December 11
 Days: Monday, Wednesday & Sunday
 Time: 9:00 am - 10:00 am
 Location: Recreation Center Gym
 Fee: \$15, \$11 w/IVGID Pass, \$4 Children, Recreation Center Members Free

America Treasure Quest GPS Outdoor Adventure

A new Community Health and Wellness outdoor hiking program that combines fitness, family and fun in a quest to find a hidden treasure. Participants will locate a hidden treasure outdoors by inputting waypoints into a GPS device, unscrambling secret codes, following clues and ultimately discovering the best outdoor scenery in Incline Village/Crystal Bay. From 8 to 80 years old, participants will find this program to be stimulating and intriguing. Meet at the Recreation Center. By Appointment from September 12th until Weather Permits. Fee: \$25, \$20 w/IVGID Pass.

"Do-It-Yourself" Fitness Challenge

"Do-It-Yourself" this year's Fitness/Nutrition Challenge is all about YOU! You will choose a plan based on your personal cardiovascular, strength and nutrition goals. If you adhere to your plan & complete the goals you selected, you will be eligible to win several great raffle prizes including gift cards to local restaurants plus personal training and massage gift certificates at the Incline Village Recreation Center. This 10-week program will start early February and end in April. Registration begins **February 1st...look for promotional flyers mid-January!** This is an opportunity to jumpstart or improve your health and wellness routine.

Cardio Cycle

These high energy classes are led by seasoned, motivated instructors who will help you power up the hills, speed through the sprints and sustain maximum endurance on the flats! Cardio Cycle class is free to members. Non-members are welcome to attend class by purchasing a monthly-unlimited punch card, 10 visit punch card or drop-in for daily rates at the Host Desk. All classes are on a first come, first served basis. Please see the Group Fitness Class Schedule on page 9 for class days and times.



The Nutrition Corner

Whether it is weight management or a desire to lead a healthier life let our Registered Dietitian Justine Casaquite be your partner in health. We understand there are many obstacles that can make it difficult to stay motivated and on track; utilizing a Personal Nutrition Consultant can keep you on course and make your health goals an attainable reality. Topics range from calories & your weight; portion control; exercise & nutrition; understanding and reading food labels; healthier carbohydrates, proteins and fats; healthy dining out; managing cholesterol and osteoporosis; healthy choices for type 2 Diabetes and more. First session: \$55 (45 minutes). Multiple session rates available.

Justine Casaquite MPH, RD, LDN

Justine is a Registered Dietitian and Licensed Dietitian Nutritionist with a Masters Degree in Public Health. She received her undergraduate degree from Loyola University/Chicago and her Masters from Benedictine University. She has served as a Registered Dietitian at Bally Total Fitness and as a Clinical Dietitian at Rush Oak Park Hospital. She currently holds specialty certifications in Childhood & Adolescent Weight Management. Justine will keep you motivated and proactive towards attaining your nutrition goals. What does she expect from you? Readiness to change, patience to learn and the willingness to experiment, as this will help solidify positive changes! She loves food and believes all foods can fit in our lifestyles, but moderation is key. Originally from Chicago, Justine now calls Incline Village her home!



PERSONAL TRAINERS



PATT AIELLO AFAA, REEBOK, NDEITA & HAYWARD STATE CERTIFIED PERSONAL TRAINER, GROUP & AQUA FITNESS INSTRUCTOR PLUS NAUI SCUBA CERTIFIED. Patt has always been involved in something that makes her move, jump, swing, rotate and breathe hard. She believes that **everything one does in the gym or with group fitness should help make their life outside the gym more enjoyable. Simply put... SHE TRAINS FOR LIFE.** In 1981 she started working professionally in the fitness industry. When she started in this business she took the advice of her husband who said, **"If you want to make a difference, you better get involved."** 30 plus years later Patt has one hope...that she has made a difference in the lives of all those who come and play with her on "Her Field."

JANICE CUADROS IFTA & ACE CERTIFIED PERSONAL TRAINER; GROUP & AQUA FITNESS INSTRUCTOR
Janice has lived in Incline Village area for years. Prior to joining the fitness staff at the Incline Village Recreation Center she was a medical technologist. As a medical technologist her background was to help people after they were sick. Now she enjoys helping people before they become ill or hospitalized. Fitness and exercise has always been a part of her everyday life and she likes helping to make it a part of **other's lives.** She invites everyone to live happier and healthier. Janice is an avid tennis player, skier, hiker and cyclist.



LINDA DE MARIA ACE CERTIFIED PERSONAL TRAINER; ACE, IFTA & SCW GROUP FITNESS STRENGTH CERTIFIED
Linda's thirty years of experience in group fitness and seven years as a personal trainer enables her to use insight and knowledge as a means to zero in on each client's core needs. A practical strategy for the best result has always been her approach to helping clients reach their fitness goals. Linda has maintained a very active lifestyle in Tahoe for thirty years including mountain biking, skiing, hiking, kayaking and ski skating. She says the key to her active life is regular structured exercise. Linda feels very fortunate to be able to work in a field that is so beneficial and uplifting.

ROBIN ELLEY ESA Personal Trainer, YogaFit levels 1,2 & 3, IFTA-aqua fitness & Yoga Away certifications
Robin has been a yoga practitioner since 1971, blending it with Pilates movements for 8+ years. Several years ago, Robin completed a personal trainer certification & started training for the Recreation Center. She specializes in Yoga and Core training and teaches all levels of fitness clients **including children, new moms, back pain sufferers, and those with Parkinson's disease.** Her objective is to **teach strength and flexibility** by enhancing a mind-body connection.



LOU PHILLIPS BS HEALTH EDUCATION AND ACSM CERTIFIED
Lou Phillips holds a B.S. in Health Education and is currently pursuing his MA in Public Health with an emphasis on the health and fitness of older adults. Since 1992 Lou has been certified by The American College of Sports Medicine (ACSM) in health assessment and exercise prescription. He is a life-long sports participant with competitive experience in events from bodybuilding to triathlon. He will guide you enthusiastically through and to your goals whether they are rehabilitation, performance or re-shaping.

SANDY SOLI AFAA CERTIFIED PERSONAL TRAINER AND IFTA AQUA FITNESS, ZUMBA & SPINNING CERTIFIED INSTRUCTOR
Sandy has lived most of her adult life in Incline Village. She is an avid skier, hiker and mountain biker. Sandy has a passion for life, fitness and overall fun. She loves to motivate people!!! Her enthusiasm for fitness is infectious and attracts people to her classes and trainings. If you choose fitness and exercise as your path to a healthy life, but need some help, Sandy will assist you on your journey! She is very creative and enjoys developing and implementing new exercise and fitness programs for the Incline Village Recreation Center membership and community.



NORM SUSSMAN CHIROPRACTIC DOCTOR & CSCS CERTIFIED
Norman supports the idea that an appropriately prescribed and competently supervised strength and conditioning program has a positive impact on the mind and body, whether for general fitness, well-being or sport performance. His goals are to guide and encourage clients to get the most from each training session, so that over time they enjoy all the benefits of training and prevent injuries. His individualized program designs implementation methods and techniques that demonstrate a straight forward, goal-oriented, and time-based approach that eschews quick fixes and fads.

ROB TAYLOR SCW & EXPERT RATING CERTIFIED PERSONAL TRAINER
Rob first moved to Incline Village in 1985. He attended Incline High School and became deeply involved in sports and physical activity. His interest in sports led to his first ACE Personal Training Certification and the start of his career in personal training. After 8 years of training clients in Reno **gyms including Sports West, Gold's Gym, World Gym and Maximum Results, he moved back to Incline Village to train clients at the Incline Village Recreation Center.** Rob says "guiding clients as they take control of their own physical well-being and health is very rewarding." **Rob is a competition body builder.**



GROUP FITNESS CLASS SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30 - 7:30 am		Cardio Cycle		Cardio Cycle			
7:45 - 8:45 am	Cardio & Strength		Cycle & Core (ends 8:50 am)		Cardio Cycle & Strength (ends at 8:50 am)	Cardio Cycle	
9:00 - 10:00 am	Zumba (ends at 9:50 am) Winter Sports Conditioning**	Stretch & Balance (starts at 9:10am)	Get on the Ball Winter Sports Conditioning**	Pilates, Core & Balance (starts at 9:10 am)	Cardio Cycle	Strength Conditioning	Winter Sports Conditioning**
10:10 - 11:00 am	Cardio & Strength	Cardio & Strength	Strength Conditioning	R.I.P.P.E.D. (trail)	Strength Conditioning	Step	Yoga (ends at 11:10 am)
11:10 - 12:10 pm	Yoga*	55+ Fitness* (ends at noon)	55+ Yoga* (ends at noon)	55+ Fitness* (ends at noon)	Advanced Yoga*	Zumba	
12:15 - 1:05pm	Mat Pilates	Gentle Yoga	Step	Zumba (ends at 1:15pm)	* 55+ Rate - Indicates a drop-in rate of \$10 for Seniors, \$5 for 55+ IVGID Pass Holders, Recreation Center Members are free. **Winter Sports Conditioning: October 10-December 11, Monday, Wednesday, & Sunday, 9:00am - 10:00am.		
5:10 - 6:00 pm	Yoga	Zumba	Cardio Cycle	Cardio & Strength			
6:10 - 7:00 pm	Cardio Cycle (ends at 7:10pm)	Cardio/Strength	TRX Circuit Training	Yoga (ends at 7:10pm)			

Class schedule and times are subject to change. For current information and instructor schedule visit our website at www.InclineRecreation.com or call the Host Desk at (775) 832-1300.

CLASS DESCRIPTIONS

Strength Conditioning - Muscular strength, endurance, and power exercises for the entire body.

Cardio/Strength Conditioning - A combination of cardio and muscular conditioning. Method of cardiovascular conditioning (i.e. Step, Circuit, Boot Camp, or Kickboxing) varies.

Yoga, Yoga/Pilates, Advanced Yoga, Gentle Yoga or Stretch & Balance - Combined movement classes (Yoga, Stretch, Balance & Pilates) that promote strength, flexibility, and balance while reducing stress and promoting relaxation.

Get-on-the-Ball - Class uses the large therapeutic ball to help improve core strength, flexibility, balance, and posture. Exercise on the ball changes the angles and planes of motion to work more muscle groups, with more efficiency and great results.

Pilates, Core, & Balance or Mat Pilates - A dynamic strength conditioning and flexibility class that incorporates principles of mat Pilates, therapeutic ball training, and/or gliding disc work to attack "core muscle" groups. Work your abs, back, hips, and torso to develop total body power.

Cycle & Core or Cycle & Strength - Class combines cycling and core/strength conditioning: 35-40 minutes cycling and 20-25 minutes strength or core conditioning.

Cardio Cycle - High energy classes led by motivated instructors. Classes are included in the Membership Group Fitness Program. Space is limited... participation is first come, first served.

Step - Class involves stepping up and on an adjustable platform while simultaneously performing upper body movements.

Zumba - Cardio class that fuses Latin & African rhythms with easy-to-follow dance moves to create a one-of-a-kind fitness program.

R.I.P.P.E.D. - This total body, high intensity style program, utilizing free weights, resistance and body weight, masterfully combines the fitness training components of resistance, intervals, power, plyometrics, and endurance.



YOUTH PROGRAMS

Tahoe Tiny Timber's Gym Time

Ages: birth - 5 years

Tahoe Tiny Timber's Gym Time is designed to give young children time to socialize and use their gross motor skills. This is an open gym for parents and/or caregivers to play with their children in a physically stimulating environment. We'll have the bounce house, obstacle course type of equipment, tricycles and push toys to encourage socialization and gross motor skills. Children are encouraged to explore at their own pace and desire. Parents will have opportunities to meet other parents in an informal atmosphere. Parent or caregiver must be present during the entire playtime.



Day: Tuesdays & Fridays beginning October 11th
No session during school holidays
 Time: 9:30 am - 11:00 am
 Fee: \$4/child, w/IVGID Pass \$3/child
 Location: Recreation Center Gym

Kidz Club Before & After School Program
 Grades: K - 5

Our energetic, safety minded and fun Youth Development Staff is here to make certain your child has a great before & after school experience. Youth get the opportunity to participate in games, create art projects, work on homework and receive healthy and delicious snacks. Scholarships are available. A new scholarship application is required for each school year. Pre-registration is required.

Days: Monday - Friday (No program on school holidays, delay or snow days & June 14-16.)
 Time: Before School: 7:30 am - 9:00 am
 After School: 2:45 pm - 6:00 pm
 Early release days: 2:15 pm - 6:00 pm
 Fee: Before School: \$5/day, w/IVGID Pass: \$4/day
 After School: \$15/day, w/IVGID Pass: \$12/day
 Early release days: \$5 extra fee
 Location: Incline Elementary School Room A151

Camp XtremeGrades: K - 5th

Looking for adventure for your child? Then Camp Xtreme is your answer! An experienced and responsible staff leads campers on numerous exciting adventures. Campers will enjoy weekly themes. Campers will engage in hands-on activities such as arts & crafts, games, contests, and encourages the development of friendships with children from the community. This camp is sure to challenge, excite and wear out your child! Scholarships are available. Go Xtreme with our Youth Development Staff and enjoy your School Breaks! Program activities vary by season.

Dates: October 3 - 7 (Monday - Friday)
 December 27 - 30 (Tuesday - Friday)
 January 3 - 6 (Tuesday - Friday)
 February 21 - 24 (Tuesday - Friday)
 April 9 - 13 (Monday - Friday)
 Time: 7:30 am - 5:30 pm
 Fee: \$41/day, w/IVGID Pass \$33/day
 Location: Incline Elementary School - Room A151

Brunch with Santa Claus!

Join Tahoe Family Solutions on Saturday, December 10th for a fun filled Brunch with Santa, Mrs. Claus, and his elves. Held at the Chateau at Incline Village™, this family event features many fun activities including a delicious brunch, a magic show, arts and crafts, raffle prizes, a photo with Santa and Mrs. Claus and much more! This community event is presented by the Tahoe Family Solutions in collaboration with IVGID. For ticket sales and information, please call (775) 298-0004.



COMING THIS FALL...

**Youth Cheer!**

Check our website for upcoming information!
www.inclinerecreation.com

TEEN PROGRAMS

IVGID Youth Advisory Council (YAC)

Grades: 6th - 12th

The YAC addresses issues of education, employment, recreation, youth development, volunteerism and leadership. They are responsible for programs, events and initiatives that promote positive youth development and involvement in local schools, communities and governments. Applications for the 2011-2012 school year are due by October 27th. Please see our website for additional information.



Day: Wednesdays
 Dates: October 12, November 9, December 14, January 11, February 8, March 14, April 4, & May 9
 Time: 7:00 pm - 8:30 pm
 Fee: FREE
 Location: Recreation Center, Kid Zone Room

Teen Dances

Grades: 6th - 8th

The Parks & Recreation Department sponsors 4 teen dances every school year. We have a great DJ that plays all the latest music. Appropriate dress and behavior is required to attend our dances. No glow items are allowed. All Incline, Lake Tahoe School, and Sage Ridge students are welcome to attend!

Day: Fridays
 Dates: November 18, 2011
 (Winter, Spring, Summer Dates TBD)
 Time: 6:30 pm - 8:30 pm
 Fee: \$8/person
 Location: The Chateau at Incline Village™

Girls Night In

Grades: 6th - 8th

Come hang with just the girls at Girls Night In! Our evening will include fun games, tips and tricks for hair and skin care by a salon professional, dinner, snacks, volleyball, and a wild after-hours scavenger hunt at the Rec Center! This program is for middle school girls ONLY! Come in your PJs!



Date: Friday, February 3rd
 Time: 6:00 pm - 9:30 pm
 Fee: \$24, w/IVGID Pass \$20
 Location: Recreation Center

Leaders in Training Education (LITE)

Ages: 12 - 16 years

Learn about leadership, asset development, responsibility and service to others while gaining valuable work experience for future jobs! **LITE's assist Recreation Leaders with summer programs and help lead activities, games, sports, crafts and field trips to various locations.** For more information visit our website. Program fee is \$38 or \$30 w/IVGID Pass. *Applications are due Friday, May 18th for Summer 2012.*

Are you interested in teaching a class or program for the Parks & Recreation Department?

We are always looking for teachers who want to share their knowledge with a group of students! Please contact Kari Ferguson at (775) 832-1301 and express your interest!

FAMILY PROGRAMS & SPECIAL EVENTS

Parents Night Out

Ages: 5 - 11 years

In need of a date night? Then please drop off your little ones at our fun **Parent's Night Out event**. Kids ages 5 -11 will have the chance to experience fun at the Recreation Center and parents will get a night out. The schedule is packed full of fun, pizza and salad, games, swimming, arts and crafts, and ending with a movie.

Dates: 10/14, 11/4, 12/9, 1/13, 2/10, 3/2, 4/6, 5/11, 6/8

Time: 6:00 pm - 9:30 pm

Fee: \$20, w/IVGID Pass \$16

(An extra fee applies for same day registration)

Location: Recreation Center Lobby

Trail of Treats & Terror

All Incline Trick-or-Treaters and their parents are welcome to join the quest by parking their mere mortal vehicles at the Incline Middle School (IMS) parking lot before walking the plank to "Parasol Skeleton Soiree" at the Donald W. Reynolds Community Non-Profit Center. You will then wind your way through the "Fantasy Forest" to "Pumpkin Pics & Ghoulish Games" at the Recreation Center. Proceed along carefree "Candy Lane" to "Dark Theatre" at Lake Tahoe School. Continue with care through the "Talking Tree Forest" to "The Haunted Halls" of Sierra Nevada College. The Spooky Shuttle will return any survivors to their cars parked at the IMS parking lot. Come join the fun...we are dying to see you!

Date: Thursday, October 27th

Time: 5:00 pm - 8:00 pm

Fee: FREE

Location: Donald W. Reynolds Community Non-Profit Center, Recreation Center Lobby, Lake Tahoe School & Sierra Nevada College

Shotokan Karate

All Ages

This class is designed for anyone interested in learning the art of Karate. The beginner or the advanced student will be able to make great progress in self-defense and benefit from improved physical and mental health, self-discipline and self-confidence.

Days: Tuesdays & Thursdays (on-going)

Time: 7:10 pm - 8:40 pm

Fee: \$77.50 (10 class session), \$62 w/IVGID Pass

Location: Recreation Center, Group Fitness Room

Instructor: Gregg Henrikson

Community Snowshoe Full Moon Hikes to Diamond Peak's

Snowflake Lodge - January 6, February 10, March 9

Received Nevada Parks & Recreation 2010 Program Excellence Award!

Ages: 9+

This award winning event encourages exercising in an intergenerational social setting for ages 9+ and is part of the Community Health and Wellness Outreach Initiative. There will be light fare available for those who would like to purchase dinner at the top. Meet at Diamond Peak's upper parking lot at 5:00pm. We will return around 9:00pm. Visit our website or call (775) 832-1310 for information. Pre-registration is suggested.

Day: Friday

Dates: January 6, February 10, March 9

Time: 5:00pm - 9:00pm

Fee per hike:

Adult \$13 / Seniors 55+ and ages 9-14 \$10 /

Family of 4 \$35

w/IVGID Pass - Adult \$10/ seniors 55+ and ages

9-14 \$8.00 / \$28 for a family of 4

Location: Diamond Peak Ski Resort Main Lodge

A sneak peek of community events happening this spring:

Underwater Egg Hunt at The Incline Village Recreation Center!

Saturday, March 31st at 11:00 am



Come join us for some underwater fun. Some eggs will be weighted and some will float. Every child gets a prize. Children will be grouped according to age for a series of hunts. The Big Bunny will also make an early appearance! To volunteer or donate to this event or for more information, please call (775) 832-1310.

Spring Eggstravaganza Community Egg Hunt at Incline Beach!

Saturday, April 7th at 11:00 am

Come at 10:30 am to have your picture taken with the Easter Bunny! Grab your basket and join in the fun! Ages infant - 11 years old are invited to hunt! To volunteer/donate to this event or for more information, please call (775) 832-1310.



YOUTH & TEEN SPORTS

All youth program registration is taken on a first come, first served basis. Clinics and leagues often fill quickly – so register early! For more information on youth sports, please call Shane Goddard in the Sports Office at (775) 832-1322.

Youth Basketball Clinics

Grades: 2nd - 6th

For both girls and boys! Learn new skills and help perfect the ones you already have - first timers welcome. Fundamentals, skills, drills and rules will be covered. This is a terrific way to improve and polish your skills and get ready for the upcoming Youth Basketball League.

Day: Tuesdays & Thursdays
 Date: November 1 - November 10
 Time: 3:30 pm - 4:30 pm / 2nd-4th grades
 4:30 pm - 5:30 pm / 5th-6th grades
 Fee: \$45, w/IVGID Pass \$36
 Location: Recreation Center Gym
 Registration deadline: Monday, October 31st

Youth Basketball League

Grades: 2nd - 9th



This popular Incline Village/North Lake Tahoe/Truckee basketball league is open to players of all abilities in the 2nd - 9th grades. Players will learn and develop fundamentals of the game, rules and teamwork and sportsmanship; winning is de-emphasized. Teams are coached by community volunteers. There are coed leagues for 2nd - 4th graders, boys leagues for 5th - 6th, and 7th - 8th graders and girls leagues for 5th - 6th and 7th - 9th graders. Each participant will receive a team t-shirt and photo. A skills day will be held dependent on the number of players registered for each specific age group.

Day: Weekdays & Saturdays
 Date: Early December through mid-March
 Time: After school and possibly Saturdays
 Fee: \$93.75, w/IVGID Pass \$75
 Location: Various local gyms

Register Online at
www.inclinerecreation.com

Micro Soccer with Mike Simon

Ages: 4 - 9 years

For boys and girls who want to have fun and learn about the game. Taught by former soccer professional, Mike Simon, soccer enthusiasts will learn skills and fundamentals. Sportsmanship, team play and fun will be the focus!

Session I - Fall

Day: Mondays & Wednesdays
 Date: October 17 - October 26
 Time: 3:30 pm - 4:30 pm / 4 - 6 years
 4:30 pm - 5:30 pm / 7 - 9 years

Registration deadline: Friday, October 14th

Session II - Spring

Day: Mondays & Wednesdays
 Dates: March 26 - April 4
 Time: 3:30 pm - 4:30 pm / 4 - 6 years
 4:30 pm - 5:30 pm / 7 - 9 years

Registration deadline: Friday, March 23rd

Fee: \$50/session, w/IVGID pass \$40
 Location: Recreation Center Gym

Volleyball Clinics

Grades: 6th - 9th

Prepare for the upcoming middle school season. This clinic of seven one hour sessions open to boys and girls in grades 6th - 9th, will cover individual skills such as passing, setting, blocking and attacking. Offensive & defensive formation and team strategies will also be taught.

Day: Mondays & Wednesdays
 Date: November 14 - December 7 (no session Wed. 11/23)
 Time: 3:30 pm - 4:30 pm / 6th-7th grades
 4:30pm - 5:30 pm / 8th-9th grades

Fee: \$81.25, w/IVGID Pass \$65
 Location: Recreation Center Gym
 Registration deadline: Friday, November 11th

Volunteer Coaches Needed!

We need both head and assistant coaches for upcoming youth leagues. We will provide the training! Please consider registering as a coach by calling (775) 832-1310.

ADULT SPORTS

Registration is taken on a first-come, first-served basis. Sign up early! Adult sports leagues and programs are open to those who are age 18+ . For more information on adult sports, please call Shane Goddard in the Sports Office at (775) 832-1322.

Incline Village Parks & Recreation Department Free Agent List

We offer a free agent list for all adult sports. Anyone interested in participating in any of our adult sports programs should call the Parks & Recreation Department Counter at (775) 832-1310. Contact information will be given to managers seeking players.

Adult Volleyball Leagues

Ages: 18 +

Looking for some friendly competition? Here's your chance to test your skills and have some fun. Join other local volleyball enthusiasts and play in a great facility. Our leagues offer social opportunities and challenging competition for players of all abilities. These leagues are supervised and are self-officiated. All teams will play up to 10 league games with the top four teams in each league advancing to the season ending playoffs.

Division: Recreational Coed 6 on 6

Day: Tuesdays

Fall Dates: October 11 - December 13

Winter Dates: Early February – late April

Time: 6:00 pm - 9:00 pm

Fee: \$235/team

Location: Recreation Center Gym

Registration deadline: (Fall) Tuesday, October 4th, (Winter) January 27th, 2012.

Division: Women's 4 on 4

Day/Dates: Sundays, October 30- December 11, 2011

January 8 - April 29, 2012

Time: 5:00 pm - 8:00 pm

Fee: \$420/team

Location: Recreation Center Gym

Registration deadline : Friday, October 21th

Mandatory managers meeting TBD. Please call (775) 832-1310 for information on our Spring leagues.



Coed Indoor Soccer Leagues

Ages: 18 +

Love soccer? Looking to play year round? Come play in the only coed soccer leagues offered on the North Shore during the Fall/Winter. The Monday league is a very competitive league with players who play at a high skill level. The Thursday league is for those who love the sport, but want to enjoy it at a less competitive, but skilled level. In either **league, the name of the game is "FUN"**.

Days: Mondays (league) and Thursdays (league)

Fall Dates: Week of September 26 - December 8

Winter Dates: Early February – Late April

Time: 6:00 pm - 10:00 pm

Fee: \$405/team (restrictions apply)

Location: Recreation Center Gym

Registration deadline: January 27, 2012 (winter league)

**Mandatory managers meeting on Thursday, September 22nd. Please call (775) 832-1310 for information about our Winter/Spring Indoor Soccer leagues.*

Adult Basketball

Gym Hours:

Tuesdays, Thursdays & Fridays:

12:00 pm – 1:30 pm

Wednesdays:

6:30 pm – 9:00 pm



Gym schedule is subject to change. Please call the Host Desk at (775) 832-1300 to verify open gym hours.

Conversation Café

The Conversation Café is a hosted, drop-in conversation in a public place among people with diverse views and a shared passion for engaging with others. A minimal set of agreements and a simple process create the shift from "small talk" to "big talk." For more information call (775) 832-1310.

"Because when you put strangers, caffeine and ideas in the same room, brilliant things happen!"

Day: Thursdays
 Time: 10:00 am - 11:00 am
 Location: Aspen Grove Community Center
 Fee: \$2 donation is suggested for a continental breakfast

55+ Snowshoe & Lunch

Trekkers of all abilities are welcome to join IVGID Senior Programs for a light to moderate level hike at various locations throughout the beautiful Sierras. Following the hike, take the time to socialize with your snowshoeing friends and enjoy a delicious buffet lunch at Patterson Hall, on the campus of SNC, our Lifelong Learning partner. Register online or call (775) 832-1310.

Day: Tuesdays
 Dates: January 3, 10, 17, 24, 31 February 7, 14, 21, 28, March 6, 13, 20, 27
 Time: 10:00 am - 2:00 pm
 Fee: \$16, w/IVGID Pass \$13 (includes hike, transportation & lunch)
 Location: Various - meet in the Rec Center lobby for departure

Incliners

Ages: 49+

The Incliners are a social organization for those in the community who are 49 years of age and above. They meet twice per month, hosting dinners, special events and theme parties. Join us for a potluck dinner on the first Tuesday of each month and a catered event on the third Tuesday of each month. Prior reservations are required. For more information call (775) 832-1310 or visit our website.

Day: 1st & 3rd Tuesday of each month
 Date: Ongoing
 Time: 5:30 pm Happy Hour & 6:30 pm Dinner
 Fee: \$19 Annual Membership fee per person; additional charge for catered dinners
 Location: The Chateau at Incline Village™

Community Snowshoe Full Moon Hike to Snowflake Lodge - January 6, February 10, March 9

This event encourages exercising in an intergenerational social setting for ages 9 to 99 and is part of the Community Health and Wellness Outreach Initiative. There will be light fare available for those who **would like to purchase dinner at the top. Meet at Diamond Peak's** upper parking lot at 5:30 pm. We will return around 9:00 pm. Visit our website or call (775) 832-1310 for pricing and more information. Pre-registration is suggested. All dates are subject to snow conditions & weather. Fee per hike: Seniors 55+ \$10, w/IVGID Pass \$8.00. Adult, Youth, and Family rates available on page 12.

55+ Ski Clinics At Diamond Peak

Look for the return of the Active Adults 55+ Ski Clinics at Diamond Peak! Throughout the 2011-2012 ski season, Diamond Peak's PSIA Certified Instructors will offer skill-appropriate ski clinics geared towards all levels of active adult skiers. The clinics are designed to encourage skiers 55+ to start skiing, improve, adjust and modify current techniques and skills and promote skiing throughout life. Re-entry skiers will be introduced to the latest technology and equipment.

The weekly morning clinics will begin at 9:00am with a social hour and Continental Breakfast served in the Fireside Lounge in the main lodge of Diamond Peak. At 9:45am participants and clinicians will head to the slopes for a two hour informative, interactive session amongst the trees and breathtaking views of Diamond Peak. Start dates are weather dependant. Visit our website at www.inclineseniors.com to sign up for our newsletter keeping you abreast of the latest information on this and many other senior programs!

Experts Wanted!

Many of the Senior Program's successes can be attributed to the utilization of peer volunteers who help facilitate, instruct or create our Senior Programs. Do you have a talent, skill, special interest or hobby that you would like to share with others? Would you like to help make your community an even better place to live? Share your special talents by contacting us at (775) 832-1310 or by email Shelia_Leijon@ivgid.org and get involved TODAY!

SENIORS

Senior Transportation

Seniors 60+ and disabled persons of all ages can take advantage of the Senior Transportation Program available through funding from IVGID, Washoe County, RTC and NDOT. This door-to-door reliable, affordable service provides alternating trips to Reno and Carson City for medical & personal appointments and shopping every Tuesday. Transportation in the Village is available every Wednesday. 24 hour advanced reservations are required and must be made by calling (775) 832-1310.

Day: Alternating Tuesdays to Reno or Carson City
Wednesdays to local destinations (Including Incline Village, Crystal Bay, Kings Beach and Truckee)
Date: Ongoing
Time: By 24 hour advance reservations only
Fee: \$3.00 + \$.50 each additional destination
Location: Door to Door

Advance arrangements are required for special events, large group and non-travel day appointments with advance arrangements. Allow 3 weeks for large parties. Contact us to discuss your ON Demand Transportation needs.

The Digital Photography Club

Join this informal club and learn how to maximize the technology that is used today in photography! Participant-driven agendas, instructions and activities will include field trips to local photo shoots, step by step instructions on the use of your camera, downloading photos, file management and photo organization, basic editing, sharing your photos online and interesting presenters sharing their knowledge, skills and photos. For more information call (775) 832-1310.

Dates: October Through July
Day: Varies
Time: 6:00 pm - 7:30 pm
Fee: FREE (field trips & workshops may require fee)
Location: Aspen Grove Community Center

Incline Village/Crystal Bay Veterans Club

Veterans and community members of all ages are welcome to pack a lunch and join us as we determine projects that will benefit our community and the world. For more information call (775) 832-1310 or visit the club website at www.inclineseniors.com.

Day/Dates: Last Thursday of every month
Dates: Ongoing
Location: Aspen Grove
Time: 12:00 pm - 2:00 pm
Fee: \$25 (Annual Membership Dues)

Visit our website at
www.inclineseniors.com!

S.T.E.P. Out

Join us for the new S.T.E.P. (Senior Transportation Excursion Program) Out program as we take bold steps and travel to various destinations in Lake Tahoe and the surrounding areas. Through funding made available for our Senior Transportation Program from IVGID, Washoe County, RTC and NDOT, we will be embarking on day field trips and seeing the various sites and excursions in our area. Check our website for upcoming programs or join our email club by going to www.inclineseniors.com!

The Award Winning Lifelong Learning Program Series with Sierra Nevada College - *Senior Enrollment*

The SNC (Sierra Nevada College)/IVGID Lifelong Learning Program allows those with an IVGID Pass over the age of 60 to register in up to three undergraduate courses at SNC on a non-degree seeking, space available basis.

The classes are free of tuition charge; however, there is a \$35 administrative fee per unit (\$105 for a 3 unit class) and you will also be responsible for books, activity, lab & parking fees. Each participant will be requested to provide feedback to SNC and IVGID at the end of the class. There is a limit of three seniors per class.

Spring classes begin on January 17, 2012. Call (775) 832-1310 or visit www.sierranevada.edu for more information.

SNC/IVGID Collaboration: Fireside Chat Series

Please join us for coffee and dessert as host Andrew Whyman delves into the lives of interesting people with amazing stories up close and personal. Free and open to the public, Fireside Chats will introduce you, first hand, to folks who have had experiences that most of us have only read or dreamt about. Fireside Chats are a collaboration between SNC and IVGID Senior Programs. Visit our website at www.inclineseniors.com for a complete schedule of events.

Day/Dates: Thursday, October 20, November 17
Time: 7:00 pm - 9:00 pm
Fee: FREE
Location: Tahoe Center for Environmental Sciences

Saturdays at SNC

Sierra Nevada College and Incline Village Parks & Recreation Senior Programs once again join forces to bring you Saturday Mornings at **SNC! Share your morning coffee with SNC's faculty as they present bite size offerings of intellectually stimulating course material.**

Day/Dates: Saturday, October 15, November 12
Time: 10:00 am - 12:00 pm
Fee: \$3 suggested donation for a continental breakfast
Location: **Sierra Nevada College's Prim Library**
999 Tahoe Blvd., Incline Village

AQUATICS – YOUTH SWIM LESSONS

Incline Village Learn to Swim Program

Swim Lesson Registration

Deadline for registration is the Friday before the session begins. See registration process below. We hope that you find this process easy and hassle free. If you have any comments or suggestions about swim lessons, please feel free to contact the Aquatics Office at (775) 832-1321.

Swim Lesson Scholarship Program

We have a terrific scholarship program for kids to learn to swim. Please call the Parks & Recreation Department Counter at (775) 832-1310 if financial assistance is needed for lessons. A valid IVGID Pass is required.

Swim Lesson Registration Recommendation

Please refer to the Swim Lesson Level Descriptions below for class enrollment recommendations. If your child is between two levels, please register **them for the lower level (the instructor can give them more advanced skills to work on if needed)**. Remember, no class can “drown-proof” your child. Constant supervision around water and Coast Guard approved lifejackets are essential. Full class descriptions with details of what will be taught at each level are available from the Parks & Recreation Department Counter. Instructors will pre-test all students the first day of class. Swim registration will be for each session separately. No early registration will be accepted. You may only register your own household for lessons unless you have a signed release form and payment from one other household. All registration can be done online at InclineRecreation.com or in person at the Parks & Recreation Counter or by calling (775) 832-1310.

Registration Process:

- ★ *Registration will close the Friday before each session at 5:00 pm.* After this time you may add your name to the waitlist and we will contact you if a spot opens.
- ★ If the class you want is full, please put your name on the waiting list, and we will attempt to fill any vacancies before the start of the first class.
- ★ If you are signed up for the session and will not be at the first day of class, please notify the Parks & Recreation Department Counter at (775) 832-1310 to ensure you do not lose your spot.
- ★ If after the first class, we have been unable to reach you, your spot will be refunded and the next on the waiting list will be called.

Incline Village Learn to Swim Program - Lesson Descriptions



Parent/Tot – Suggested age 6 mos - 4 yrs

Class A: An introduction to the pool for infants and toddlers. Parent(s) will be in the water with child while an instructor guides the group through activities.

Class B: An introduction to Preschool Level 1 skills including some work on the platform with parent support.

*Preschool classes below are designed for children 3-4 years old and have completed at least one Parent/ Tot session.

Preschool class: Orients children to the aquatic environment and helps them gain basic aquatic skills. This class will focus on listening skills and fun play in the water. Helps children gain greater independence in their skills and become more comfortable in and around water. Also, helps children start to gain basic swimming propulsive skills and floating.

Level 1 – Pollywogs (Introduction to Water Skills) Children need to be at least 5 yrs of age to attend this class. This level is for the swimmer who is comfortable in the water. Skills include: working on back floats, front floats, introduction to front and back crawl and correct body position.

Level 2 – Guppies (**Fundamental Water Skills**) **This level is for the swimmer who is comfortable in 3 ½ ft of water, can immerse their face, and do both a front and back float with assistance.** The students will be learning the components of front crawl and backstroke.

Level 3 – Minnows (Stroke Development) This level is for the swimmer who is beginning to learn and master the early components of front crawl and backstroke, as well as the dolphin, breaststroke, and scissor kicks. This level will teach breath control and enhance comfort in the water. Elementary backstroke and survival float will also be covered. To participate the child must have completed Level 2 or demonstrate the equivalent skill level during water testing. This class will be **taught in 3 ½ ft of water.**

Level 4 – Flying Fish (Stroke Improvement) For the swimmer who can perform forward progression with front crawl and backstroke at least 15 yards. Students will put previous skills to use and will work heavily on side breathing with freestyle. Some diving/water entry from the side of the pool will also be covered.

Level 5 – Dolphins (Stroke Refinement) This is for the student who can swim front crawl and backstroke at least one length of the pool (25 yds). Swimmers will work on all competitive strokes and be introduced to personal water safety and endurance on all strokes will be increased. Flip turns and basic diving will be covered.

Level 6 – Super Stars – almost ready for swim team! This class is designed for students who have completed Level 5 and will give students a chance to work on their strokes and focus on the different types of training tools that help you become a fitness swimmer. A focus on flip turns, stroke technique, and water exercise principals will be covered. If you like this class you might consider joining our recreation swim team, the Silver Stars! See page 21 for details.

AQUATICS - YOUTH SWIM LESSONS

Fall & Winter Youth Lessons at the Recreation Center Pool
Swim lessons are offered for a variety of ages and abilities. Programs are designed to follow the American Red Cross Learn-to-Swim guidelines and all instructors are Water Safety Instructor certified. Class minimum is three, class maximum is six. If we do not meet the minimum by the class registration date, classes could be canceled or moved to another time slot.

Youth Swim Lessons - SATURDAY MORNINGS

Day: Saturday (8 weeks)
Dates: Session I: September 10- November 5 (no class 10/8)
Registration opens August 17th
Session II: January 7 - March 3 (no class 2/25)
Session III: March 10 - May 12 (no class 4/14, 4/21)
Times: Levels offered at each class time are as follows:
10:45 am - 11:15 am Parent Tot, Level 1, 2, 3 & 4
11:20 am - 11:50 am Preschool, Level 5 & 6
Fee: \$54, w/IVGID Pass \$43



Register Online at
www.inclinerecreation.com

Youth Swim Lessons- AFTERNOON

Days: Monday & Wednesday (4 week classes)
Dates: Session I: September 12 - October 12 (no class 10/3, 10/5)
Registration opens August 17th
Session II: October 17 - November 9 (no class 10/31)
Session III: November 14 - December 12 (no class 11/23)
Session IV: January 2 - January 30 (no class 1/16)
Session V: February 6 - March 7 (no class 2/20, 2/22)
Session VI: March 12 - April 4
Times: Levels offered at each class time are as follows:
3:00 pm - 3:30 pm Preschool, Level 1, 2, 3 & 6
3:35 pm - 4:05 pm Preschool, Level 1, 2 & 3
4:10 pm - 4:40 pm Parent Tot, Preschool, Level 3, 4 & 5
4:45 pm - 5:15 pm Parent Tot, Level 1, 2, 3, 4, 5 & 6
Fee: \$54, w/IVGID Pass \$43

Youth Swim Lessons – EVENING

Days: Tuesdays & Thursdays (4 week classes)
Dates: Session I: September 6 - September 29
Registration opens August 11th
Session II: October 11 - November 3
Session III: November 8 - December 8 (no class 11/24)
Session IV: January 3 - January 26
Session V: January 31 - March 1 (no class 2/21, 2/23)
Session VI: March 6 - March 29
Times: Levels offered at each class time are as follows:
4:45 pm - 5:15 pm Preschool, Levels 1, 2, 3 & 4
5:20 pm - 5:50 pm Preschool & Level 4
5:55 pm - 6:25 pm Parent Tot, Preschool, Level 1 & 2
6:30 pm – 7:00 pm Level 1, 2, 3, 5 & 6
Fee: \$54, w/IVGID Pass \$43



SAVE THE DATE!

Free Youth Swim Class Day - Sunday, May 20th

Come and join us for a free 30 minute lesson before summer gets started or before the summer session starts! We will be conducting a Water Safety Instructor class to train new swim lesson instructors for the summer. As part of their training, they need some real students to practice their new teaching skills.

Classes Offered:

2:00 pm - 2:30 pm Preschool, Level 1 and Level 2
2:45 pm - 3:15 pm Preschool, Level 3 and Level 4
3:30 pm - 4:00 pm Parent Tot & Level 5

Location: Recreation Center Pool

Deadline to register: Friday, May 18th

AQUATICS - SWIM LESSONS & PROGRAMS

Private, Semi-Private Swim Lessons,
Beginner Springboard Dive Private & Semi-Private Lessons
All ages

Private lessons are available with certified Water Safety Instructors outside of group lesson times. To make a private lesson request, please call the Aquatics Office at (775) 832-1321. All private lessons are subject to availability of instructor staff. Lessons must be paid for in advance of taking the lesson, payment must be made at the Parks & Recreation Department Counter.

Fee: **Private ½ hour lesson (one student)**
\$40, w/IVGID Pass \$32
Semi-Private ½ hour lesson (2 students same level)
\$54, w/IVGID Pass \$43

5 Pack Discounts:
5 Private lessons: \$183, w/IVGID Pass \$144
5 Semi-Private lessons: \$247, w/IVGID Pass \$196

Adult Swim Lessons

Ages: 14 +

The Aquatics Department offers two levels of swim lessons for adults (14+): a learn to swim class and an advanced stroke refinement class. **It's never too late to learn how to swim or become a proficient swimmer so you can gear up for that triathlon you've been thinking about.** Minimum of 3 students per class and maximum 6. Registration deadline is the Wednesday before the session starts. Classes may be canceled if minimums are not met.

Day: Saturday (4 weeks)
Dates: Session I: September 10 - October 1
Session II: October 8 - 29
Session III: November 5 - 26
Session IV: January 7 - 28
Session V: February 4 - March 3 (no class 2/25)
Session VI: March 10 - March 31
Session VII: April 7 - May 12 (no class 4/14, 4/21)
Time: 10:30 am - 11:15 am
Fee: \$54, w/IVGID Pass \$43

Register Online at
www.inclinerecreation.com

Scholarships Available!

Please pick up an application at the Parks & Recreation Department Counter or call (775) 832-1310 for details. IVGID Pass is required.

Dog Days of Fall

Hey dog lovers! Let's end the summer season with our four legged friends! IVGID will be hosting the Dog Days of Fall special event! This will be an opportunity to bring your pooch to the pool for some water fun. We will have activities for the dogs to compete in such as best trick, fastest swimmer, and of course the *Wildest* belly flop contest! We will also have a variety of dog demonstrations and information to pass along. We are in need of local sponsors to help put on this great community event. If you are interested in sponsoring or volunteering please contact the Aquatics department at (775) 832-1321. Our grand finale of the summer will be our pet/owner costume contest. Prizes will be awarded so come and make a splash with your best four-legged friend!



Picture courtesy of the North Lake Tahoe Bonanza

Date: Saturday, October 15th
Time: 11:00 am - 1:00 pm
Location: Burnt Cedar Pool
Fee: FREE



4th Annual Underwater Egg Hunt Saturday, March 31st



Come join us for some underwater fun and fine tune your egg hunting skills. Some eggs will be weighted, and some will float. Each colored egg is worth a prize! Children will be grouped according to age. The Easter Bunny will make an early appearance!

Time: 12:00 pm - 2:00 pm
Fee: Members free
Non-Members \$4
Location: Recreation Center Pool

AQUATICS - PROGRAMS

**American Red Cross****Lifeguard Training Class***
Ages: 15+

This class includes American Red Cross Lifeguarding, CPR for the professional rescuer, First Aid, & AED Certifications. All applicants must be able to pass a skills pre-requisite swim test. For more info, please call (775) 832-1321. Please bring a towel, suit, and writing materials to first class. Min 4 participants/max 20. Must attend all classes to be certified. If you are interested in employment as a lifeguard, please apply online at YourTahoePlace.com .

Day: Saturdays
 Time: 8:00am - 2:00 pm
 Dates: Session I: October 8, 15, 22, 29, November 5, 12
 Session II: March 3, 10, 17, 24, 31
 Session III: June 2011 TBD
 Fee: \$203.00 w/ IVGID Pass \$162.00
 Location: Recreation Center Pool
*Deadline to register: Session I: Friday, October 7th
 Session II Friday, March 2nd*

**American Red Cross****Water Safety Instructor Class***
Ages: 16+

Come and learn to be a water safety instructor and teach swim lessons to youth and adults! This class will train you how to teach swimming to anyone. You will learn to incorporate creative teaching methods into learning aquatic skills as well as basic water safety techniques. Please bring extra towels and snacks since we will have only short breaks. You must be certified in CPR for the Professional Rescuer to be hired for IVGID aquatic staff.

Days: Session I: Sundays
 Session II: Fridays
 Dates: Session I: April 15, 29, May 13, 20, 27
 (No class 4/22 or 5/6)
Deadline to register: Friday, April 13th
 Session II: June TBD
 Times: Session I: 1:00 pm - 7:00 pm
 Session II: 10:00 am - 5:00 pm
 Fee: \$203, w/ IVGID Pass \$162 (price includes books & materials)
 Location: Recreation Center Pool

**Adults are encouraged to enroll and apply for employment as a Lifeguard or Water Safety Instructor. If any adults are willing to commit 10 hours a week on a regular basis, IVGID will waive the registration fee for the class. Please call the Aquatics Office at (775) 832-1321 for details.*

Incline Silver Stars Swim Team

Ages: 6+

Come join North Lake Tahoe's premier swim team for both competitive and novice swimmers. The team has been practicing since February 2007 and continues to improve by leaps and bounds while having loads of fun. Anyone who is interested in the swim team may try it for one week free of charge. The coach will evaluate appropriate level and practice times for each participant. Season parties & special events will be planned and announced during the course of the season. Scholarships that can equate savings of at least 29% are available (inquire at the Parks & Recreation Department Counter).



Fall Dates: September 6 - November 17
 Spring Dates: January 2 - May 24
 Days: Monday - Thursday
 Time: 5:30 pm - 6:30 pm
 Fee: Fall: \$354, w/IVGID Pass \$268
 Spring*: \$656.25, w/IVGID Pass \$492.25
 Location: Recreation Center Pool

10 Practice Pass
 Available
 Fee: \$87.50,
 \$65 with IVGID Pass

Fees based on three practices per week. Participants can practice four days per week at the price of three. Register for both Fall and Spring** for \$612 w/IVGID Pass, prorated fees from start date. **Early Bird Rate - must register by/before Dec 30th, 2011 for spring session. **15% discount applied to second consecutive season purchased.*

Congratulations to Silver Star Team Members

Jackson Manship, 11, and his friend, Zach Zerweck, 15, are active youth swimmers in Incline Village. Jackson has just successfully completed his first lap of *Swim Around Tahoe* in just under two months. Swim Around Tahoe is a way to motivate avid swimmers to accomplish the 72 mile distance around Lake Tahoe. Participants can swim in the lake, pool, or any facility, anywhere!



AQUATICS - PROGRAMS & AQUA FITNESS

Swim Around Tahoe

All ages

To complete this program you can swim in the pool, the lake or at whatever facility you desire. Write down your mileage and we track your progress on a large map of the lake. Upon completion of your 72 mile journey, you will receive a t-shirt and your name on "the finishers" plaque placed at the pool. If you are ready to get in shape, sign up and get started! Swim Around Tahoe is open to participants ages 14 and older or younger swimmers who are able to swim five continuous laps.

Dates: Ongoing
 Fee: \$34, w/ IVGID Pass \$27
 Annual fee due May 2011
 Location: Recreation Center Pool

Keep on Rollin' (kayak practice time)

All ages

Bring your kayak, a cool paddle trick and your boating friends to the Recreation Center pool for roll practice. These sessions are open to boaters of all abilities. You provide your own gear, we provide the warm water! This is your practice time - no instructor is provided.

Day: 1st & 3rd Fridays of October, November & December
 Time: 6:45 pm - 8:45 pm
 Fee: \$34, w/IVGID Pass \$27
 Location: Recreation Center Pool
 Registration deadline: Friday, September 30th



Aqua Fitness Personal Training

Ages: 18+

Training in the water provides a three dimensional variable resistance environment to strengthen the body and can accommodate any fitness level and most injury limitations. Strength, muscle endurance, cardiovascular endurance, range of motion and fat-burning elements of fitness can be achieved simultaneously in the water with very little impact. Please call (775) 832-1350 to arrange for an appointment (\$50/hour).

Aqua Fitness*

All ages

These low impact water workouts will help you increase endurance and muscular strength using the resistance of the water as well as equipment to tone, strengthen and stabilize the upper and lower body while increasing cardiovascular capacity. Various classes are held throughout the week, however, times are subject to change. This program is free for all Recreation Center Members; regular fees apply to non-members. Monday - Saturday, 9:30 am-10:30 am.

H2O Basics*

This class offers a low impact way to help increase flexibility, range of motion and focuses on cardiovascular endurance, mobility and muscle toning.

Days: Tuesdays & Thursdays
 Time: 10:45 am - 11:45 am
 Fee: \$10, w/IVGID Pass \$5, Members Free
 Location: Recreation Center Pool

Liquid Cardio*

Get your morning started with one full hour of this kicked up aqua fitness class packed with endurance and strength training exercises. This is not your typical water fitness experience, but rather one that creates a liquid blast of energy, exercise and enthusiasm.

Days: Mondays, Wednesday, Friday
 Time: 7:00 am - 8:00 am
 Fee: \$10, w/IVGID Pass \$5, Members Free
 Location: Recreation Center Pool

**All Aqua Fitness Classes are 55+ Friendly Rate*

RECREATION CENTER POOL SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 – 7:00am	LAP SWIM Aqua Fitness	LAP SWIM	LAP SWIM Aqua Fitness	LAP SWIM	LAP SWIM Aqua Fitness	CLOSED	
7:00 – 8:00am	LIQUID CARDIO 7-8am		LIQUID CARDIO 7-8am		LIQUID CARDIO 7-8am		
8:00 – 9:00am	LAP SWIM + Water Walking (2 lanes)					LAP SWIM	LAP SWIM
9:30 – 10:30am	Aqua Fitness COMBO	Aqua Fitness COMBO	Aqua Fitness COMBO	Aqua Fitness COMBO	Aqua Fitness COMBO		
10:45 – 11:45am		Aqua Fitness H2O Basics		Aqua Fitness H2O Basics		Swim Lessons	
12:00 – 1:00pm	RECREATION SWIM Diving board is available between 11:45 am-3:00 pm and after 6:30 pm most weekdays. Weekends the diving board is available after 4:00 pm.						
1:00 – 2:00pm							
2:00 – 3:00pm							
3:00 – 5:00pm	Youth Swim Lessons: Limited REC SWIM 3:00 pm – 5:30 pm, Mondays & Wednesdays 4:45 pm - 7:00, Tuesday & Thursday						
5:00 – 6:00pm							
6:00 – 7:00pm							
7:00 – 8:00pm	LAP & REC SWIM 6:30 pm - close				Special Event/ Rec Swim 6:30 – 8:45	CLOSED	
8:00 – 9:00pm							

DURING ALL POOL HOURS 2 LANES WILL BE ALLOTTED FOR LAP SWIMMING (except during special events).
Times of availability may change as programs are implemented

Aqua Fitness Schedule (begins October 1, 2011)

Aqua Fitness Schedule may vary - please visit our website or the Host Desk for current schedule.

All Aqua Fitness Classes are at the 55+ Friendly Rate (Drop-In Non-Members of the Recreation Center \$10 or \$5 w/IVGID Pass)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00am - Liquid Cardio 9:30am - Combo	9:30am - Combo 10:45am - H2O Basics	7:00am - Liquid Cardio 9:30am - Combo	9:30am - Combo 10:45am - H2O Basics	7:00 am - Liquid Cardio 9:30 am - COMBO	9:30 am - Combo

TENNIS CENTER

Incline Village Tennis Center

980 Incline Way, Incline Village, NV 89451
(775) 832-1235 ♦ InclineTennis.com

The Pro Shop closes for the season on Sunday, October 30th. Additional tennis information will be posted on our website. We appreciate your comments on this season to help us prepare for next year. Please drop us a line at tennisemail@ivgid.org to share your comments. *All programs below are weather permitting.*

Fall Youth All Star Tennis Clinics*

Ages: 4 - 13 years

The All-Star Program will continue through October 28 with classes on Monday - Thursday. Classes start at 3:30 pm and 4:30 pm. All clinic instructors are USPTA certified. Limit 6 to a class. Additional classes can be arranged.

Adult Clinics

Ages: 18 +

Taught by USPTA professionals with drills and daily themes that focus on different areas of the game including volleys, serves, ground strokes and footwork. Adult Clinics will continue through fall until Pro Shop closes on Oct. 30. Times will adjust with weather. Call the Pro Shop for more details.

Days: Monday - Saturday

Time: 9:00 am - 10:00

Fee: \$20, Season Pass Holder: \$15.00

Private Lessons

Both Private and Semi-Private Lessons are available. Please contact the Tennis Center at (775) 832-1235 to set up a time today!

**Youth Programs will be moved indoors in the event of inclement weather.*



IVGID NEEDS YOUR HELP!

Building a Community Emergency Contact Database

When our Effluent Export Pipeline sprung an unexpected wastewater leak, causing the subsequent temporary closure of State Route 28, IVGID realized there was a need for a better way of notifying our community. IVGID would like to be able to avoid this lack of notification in the future, but we need your help. IVGID is working to create a parcel owner based, email list to help us notify the community during significant emergencies or events. To do so, WE NEED YOUR HELP - by providing us with your email address. To receive these notifications please send us your e-mail address via e-mail to sah@ivgid.org and with the subject line "Parcel Owner E-Mail List" and in the body please include your last name and, if possible, your IVGID utility account number. If you don't have e-mail but would like to be notified, call us at (775) 832-1207 so we can get either your phone number or mailing address. IVGID does not sell or give out e-mail addresses to anyone; we will only use it for the purposes stated above. Thank you for helping us to keep you informed!

IVGID FACILITIES

The Chateau at Incline Village™

955 Fairway Blvd; Incline Village, NV 89451
(775) 832-1240 ♦ YourTahoePlace.com

The Chateau at Incline Village™ is “classic Tahoe” stone and timber construction with a modern edge. This 13,500 sq. ft. venue has high vaulted timber ceilings, massive stone pillars, a spacious covered deck and offers expansive views of the mountains, the Championship Golf Course and Lake Tahoe. It is beautiful, multi-functional and flexible. It is the perfect venue for wedding ceremonies and receptions, golf events and parties **up to 350 people**. You dream up the event and we'll make it happen!

Our professional Food & Beverage team has earned quite a reputation for providing great food, outstanding service and a wonderful dining experience. From a large formal wedding to a small meeting, the Chateau can be customized to fit your needs. Choose us for your next meeting, wedding and reception, party, fundraiser or special event.

For reservations or more information, please call (775) 832-1240 or go to YourTahoePlace.com and click on Meetings & Weddings. You can also view our menu selections and estimate your costs with our wedding calculator!



Recreation Facilities

(775) 832-1310 ♦ YourTahoePlace.com

If you are looking for a place to hold a get together, softball tournament, sporting event or special event in Incline Village this fall, there are several venues available. The Recreation Center offers year round facilities for indoor events with amenities that include a lobby for birthday parties meetings or other events, group fitness room, indoor gymnasium and indoor pool. For IVGID Pass holders with beach access, Incline and Burnt Cedar beaches have several barbecue areas to reserve for your fall event. The designated beach sites include a barbeque and picnic tables offering you and your friends an area to picnic and enjoy the beach. Two designated sites are available at Burnt Cedar and two at Incline Beach. These sites can only be reserved by IVGID Pass holders with beach access that have a valid IVGID Pass. Each guest is still responsible for beach access fees. There is also one designated site **available at Preston Park. It is perfect for a family gathering or your child's birthday party**, and can be reserved by both IVGID Pass holders and Guests. Go to our website: www.inclinerecreation.com for Park & Facility Rental Rates.

In addition, Village Green, Preston Field and Incline Park offer wide open spaces for activities and have multi-use fields for your softball and baseball needs this fall. Please call (775) 832-1310 for rates and availability. These sites are available to both IVGID Pass holders and Guests. Reservations at all sites are taken on a first-come, first-serve basis at the Parks & Recreation Counter. Please call (775) 832-1310 or stop by and see us. Payment is required with your application. For more information, you can also visit our website at YourTahoePlace.com and click on Parks & Recreation.



IVGID FACILITIES

Aspen Grove

980 Lakeshore Drive, Incline Village, NV 89451

(775) 832-1240 • YourTahoePlace.com

Named for its beautiful location, Aspen Grove is located across the street from the stunning Lake Tahoe beaches and nestled among the Aspen trees next to tranquil Third Creek. Outdoor amenities include picnic tables and a huge barbeque grill. The outdoor area can accommodate up to 200 guests; inside can comfortably seat up to 50 guests. Catering and bartending services are available through our outstanding professional food service team for your convenience. With its stunning mountain and forest views, Aspen Grove is one of the most affordable venues on the North Shore and perfect location for spring, summer and fall events.



For reservations or more information, please call (775) 832-1240 or go to YourTahoePlace.com and click on Meetings & Weddings.

Incline Skate Park

Hwy 28 & Southwood Blvd., Incline Village, NV 89451

(775) 832-1310 • YourTahoePlace.com

Incline Skate Park, centrally located on the corner of Tahoe Blvd (Hwy 28) and Southwood Blvd. in Incline Park, has something to offer everyone. There is an intermediate/advanced section of the park consisting of two, 5 ft. tall bowls that are side by side connected with a spine. In the middle of the park is a 3 ft. tall fun box and the entire right side of the small end is a 2.5 ft. tall bowl for beginners. The street course is laid out on top, flowing in a circle with an 8 ft. long flat rail, 6 ft. long down rail, a set of 4 stairs, and a 10 ft. long downward ramp leading into the bowls.



The Golf Courses at Incline Village • YourTahoePlace.com or GolfIncline.com • TEE TIMES: (866) 925-GOLF



CHAMPIONSHIP COURSE

955 Fairway Boulevard, Incline Village, NV 89451

MOUNTAIN COURSE

690 Wilson Way, Incline Village, NV 89451

Originally designed by Robert Trent Jones, Sr., the Championship Course offers tightly cut fairways bordered by towering pines, demanding accuracy as well as distance. This par 72 course stretches over 7,000 yards from the black tees and rises to an elevation of over 6,500 feet. The course was named *Best in State* by Golf Digest magazine and one of the *Best Courses to Play in 2009* by Golfweek magazine. The golf season extends from mid May through mid October.

Our challenging 28-stall driving range offers target greens and bunkers so you can practice with the real feel of the game. Target distances range from 40 to 250 yards, allowing for a variety of hitting options with a course-like feel. The Championship Course driving range was named Best Driving Range by Tahoe Traveler magazine. Make sure to check out the chipping green area with two bunkers and the 6,200 ft. putting area just west of the driving range. Our golf courses offer a complete teaching staff of PGA/LPGA professionals, state of the art practice facilities, food and beverage facilities, special event facilities and award-winning golf shops.

The Mountain Course, designed by Robert Trent Jones, Jr., is recognized as one of the finest layouts of its type in the world. The mountainous 18 hole course features challenging par 3's averaging over 150 yards in length, and four par 4's that will continue to challenge even the most proficient golfer.

The Mountain Course has been recognized for 5 consecutive years as one of the Best Short Courses in the Nation by Golf Range Magazine.

The Mountain Course is the perfect location for your next golf outing. It only takes about 3.5 hours to play the course yet it's a very challenging and rewarding course. Perfect for bachelor parties, ladies time out, seniors, beginners and families. Yet, even the most skilled golfer will find this course **challenging enough to come back again and again. A local's favorite!**

To make a tee time call (866) 925-GOLF. To reserve a group outing, please call our professional sales staff at (775) 832-1303. The Mountain Course and the Championship Course will open next season in mid-May.

2011 BOARD OF TRUSTEES



Theodore J. Fuller
Chairman
 P. O. Box 4801
 Incline Village, NV 89452
 Cell: (775) 745-1261
 Home: (775) 831-3479
 E-Mail: ted_trustee@ivgid.org



Chuck Weinberger
Vice Chairman
 1059 Tiller Drive
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Member of the Audit Committee



Bruce Simonian
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Member of the Audit Committee



Bea Epstein
Treasurer
 933 Fairway Park Drive
 Mailing: P.O. Box 5384
 Incline Village NV 89450
 Home: (775) 833-3963
 Cell: (775) 721-9330
 E-Mail: bea_trustee@ivgid.org

DIAMOND PEAK SKI RESORT

Diamond Peak Ski Resort
 1210 Ski Way, Incline Village, NV 89451
 (775) 832-1177 • diamondpeak.com or YourTahoePlace.com



Diamond Peak Ski Resort is the perfect place for families and beginners. All runs filter to the newly rebuilt base area making it easy to find your group at the end of the day. Located in the heart of Incline Village, Diamond Peak offers spectacular views of Lake Tahoe and wide open, perfectly groomed slopes. Make Diamond Peak your Tahoe place to

2011 - 2012 Season Pass Prices

RATES			IVGID PASSHOLDER		
FULL PASS	Sale Price*	Regular Price	FULL PASS	Sale Price*	Regular Price
Adult (18-64)	\$454	\$567	Adult (18-64)	\$369	\$461
College (with ID)	\$209	\$261	College (with ID)	\$170	\$212
Youth (15-17)	\$188	\$235	Youth (15-17)	\$153	\$191
Child (7-14)	\$156	\$196	Child (7-14)	\$127	\$159
Senior (65-69)	\$188	\$235	Senior (65-69)	\$153	\$191
Super Senior (70-79)	\$52	\$65	Super Senior (70-79)	\$42	\$53
6 & under / 80+	Free	Free	6 & under / 80+	Free	Free

MID-WEEK PASS	Sale Price*	Regular Price	MID-WEEK PASS	Sale Price*	Regular Price
Adult (18-64)	\$363	\$454	Adult (18-64)	\$295	\$369
College (with ID)	\$167	\$209	College (with ID)	\$136	\$170
Youth (15-17)	\$150	\$188	Youth (15-17)	\$122	\$153
Child (7-14)	\$125	\$156	Child (7-14)	\$102	\$127
Senior (65-69)	\$150	\$188	Senior (65-69)	\$122	\$153
Super Senior (70-79)	\$42	\$52	Super Senior (70-79)	\$34	\$42
6 & under / 80+	Free	Free	6 & under / 80+	Free	Free

*Sale price through October 31, 2011. Prices subject to change without notice.

The Interchangeable Parent's Pass

This interchangeable pass is a daily ticket available for \$49. If you get tired or need a break after a couple of runs, then hand this pass off to a family member that has a bit more energy.

Mini Pass

Buy a mini-pass and save money. A Mini Pass works like a gift card. You choose how many days you want on the card. Go directly to the lift where they will scan the pass. One day is subtracted from the card. A Mini Pass is a great gift for friends or family plus it's transferable, so you and your friends can use it! Each Mini Pass is good for one ticket per day. Ski for as little as \$35 a day when you buy a 7-day mini pass.

Diamond Peak Beginner Season Pass \$109

This pass is valid for the School House and Lodgepole lifts ONLY. It may be upgraded to regular season pass.

Private Last Tracks

Book your group for a Private Last Tracks at Snowflake Lodge. Enjoy beautiful views of Lake Tahoe while tasting wines and delicious appetizers. At sunset ski or snowboard down a freshly groomed run down to the Base Area. Available any day of the week except Saturdays starting in February. Includes lift ticket valid starting at 2:30 pm. Wine tasting starts approximately 4:30 pm. Contact the Sales Manager at (775) 832-1132 for more information.

Contact Diamond Peak:	
General Information.....	(775) 832-1177
Snow Phone	(775) 831-3211
Child Ski Center (ages 3-7)	(775) 832-1130
Ski & Snowboard School (ages 7+)	(775) 832-1135
Group Sales Office.....	(775) 832-1132

Your Tahoe Place to Work!



- ★ Great Recreation Benefits! ★ Competitive Wages! ★
- ★ Food & Beverage Discounts! ★
- ★ Come Join the IVGID Fun! ★

Looking for the coolest job at the Lake? Come work and play with Incline Village General Improvement District (IVGID). There are lots of options like Lift Operators, Parking Attendants, Property Maintenance, Rental Technicians, Ski Patrol, Shuttle Drivers, Ski/Snowboard Instructors (adult, youth and child), Snowmakers/Groomers, Tickets & Guest Services and Food & Beverage (cashiers, cooks, bussers). Our Parks & Recreation Department also has options with Recreation/Child Care Leaders, Lifeguards, Swim Instructors and Fitness Attendants. Come join the family fun!
Apply online today at YourTahoePlace.com!

IVGID Administration/Human Resources
893 Southwood Blvd. Incline Village, NV 89451
Phone: (775) 832-1100
Fax: (775) 832-1359

jobs@YourTahoePlace.com ★ YourTahoePlace.com

RECREATION FACILITIES/AMENITIES ACCESS POLICY

Incline Village General Improvement District's Ordinance 7 is an ordinance establishing rates, rules and regulations for Recreation Photo IDs (also referred to as "IVGID Pass") and Recreation Punch Cards issued by the District. The Board of Trustees passed the latest amendment to this ordinance on June 12, 1995. The complete text of Ordinance 7 can be obtained at the District's Parks & Recreation Offices, located at 980 Incline Way, or at our website at www.ivgid.org.

Ordinance 7 provides recreation privilege eligibility for each District parcel, which is assessed a recreation fee, so long as the assessment on that parcel is current. In other words, all property taxes, special assessments and recreation fees on a parcel **must be paid for the current and prior years to maintain the parcel's eligibility for recreation privileges.** Following are the paraphrased sections of most interest to our parcel owners.

Privileges Issued

Every eligible parcel may receive any combination of up to five (5) Recreation Photo IDs or Recreation Punch Cards as long as the payment of the Recreation Fee is **current. A Recreation Photo ID may be assigned to any property owner's family member (1st or 2nd degree) or commercial tenant.** In all cases, the pass holder must be at least six (6) years of age or older. The Recreation Photo ID of any person will be limited to a term of not less than six (6) months or more than five (5) years. If no term is specified, the minimum term shall apply. In the case of a tenant, the Recreation Photo ID will only be issued for the term of the lease or rental agreement. All Recreation Photo IDs shall be issued for the sole use of the pass holder and are non-transferable. Family means a social unit consisting of people related to the property owner by marriage and to the extent of the first and second degrees of consanguinity and affinity, including parents, children, grandparents, grandchildren, brothers and sisters, and their spouses.



Recreation Photo IDs (IVGID Passes) & Punch Cards

Each parcel that is assessed a Recreation Fee is eligible to receive a combination of Recreation Photo IDs and Recreation Punch Cards, totaling five (5), as suits their personal needs. These cards are paid for with the annual Recreation Fee that is reflected on your Washoe County tax bill. These Photo IDs and Punch Cards allow the holder to pay a reduced Resident Rate at IVGID facilities.

A property owner may pay a fee (one-fifth of the current Recreation Fee) for each additional Recreation Photo ID and/or Punch Card in excess of five. Any additional purchased passes may not be used for reduced rates at either IVGID golf course. The same policy applies to those property owners who pay a reduced annual Recreation Fee and who do not receive beach privileges. Individuals who fall under this classification may also purchase additional passes and/or cards at one-fifth their current Recreation Fee, excluding beach access and golf privileges.

Recreation Photo IDs and Recreation Punch Cards are issued at the Incline Village Parks & Recreation Department Counter (located in the Recreation Center at 980 Incline Way) during regular business hours. Use of Recreation Photo IDs and Recreation Punch Cards is detailed below. For more detailed information on the Recreation Fee and associated privileges, please view the Recreation Privileges Booklet or pick one up at the Parks & Recreation Department Counter.

Applying for a Recreation Photo ID

Parcel Owners and Family Members: For members of the family to receive a Recreation Photo ID, the "Owners Application for Recreation Privileges" form must be completed and signed by the recorded owner of the parcel or parcel owner's authorized agent. (The "Family Tree" description is on page 2 of the form).

Renters/Tenants: If you are renting a parcel in Incline Village/Crystal Bay, you must provide the following information when requesting a Recreation Photo ID or Punch Card at the Parks & Recreation Counter:

1. "Assignment of Recreation Privileges Renter/Tenant" form (with each tenant's name) filled out and signed by the parcel owner or the authorized agent.
2. A copy of your current, valid lease agreement - *It is acceptable for the above forms and documents to be mailed, emailed or faxed.*

RECREATION FACILITIES/AMENITIES ACCESS POLICY

RECREATION PHOTO ID (IVGID PASS)

- ◆ May only be used by the person to whom it has been issued, similar to a **driver's license**.
- ◆ Issued for a term of six months to five years.
- ◆ \$15 replacement fee if lost or stolen.

Beach Access Parcels - A Resident Photo ID with beach access offers the following privileges:

- ◆ Free admission to Incline Beach, Ski Beach and Burnt Cedar Beach and pool area for the pass holder and guest admission for a fee.
- ◆ Boat ramp access at Ski Beach for a fee.
- ◆ Reduced rates for golf, ski, tennis, hunting, recreation programs and the Recreation Center, on either a daily or seasonal basis.
- ◆ **Reduced rates for rental of the Chateau at Incline Village™, Aspen Grove Community building and park area, and all athletic fields.**

No Beach Access Parcels - These are parcels for which property owners pay a reduced annual Recreation Fee and, as a result, do not receive beach access privileges. A "No Beach" Resident Photo ID offers the following privileges:

- ◆ Reduced rates for golf, ski, tennis, hunting, recreational programs and the Recreation Center, on either a daily or seasonal basis.
- ◆ **Reduced rates for rental of the Chateau at Incline Village™, Aspen Grove Community building and park area and all athletic fields.**

RECREATION PUNCH CARD

- ◆ Issued in lieu of a Recreation Photo ID card.
- ◆ Completely transferable: can be used by anyone who possesses it.
- ◆ Issued as an electronic scan card with an initial stored value equal to one-fifth of the annual Recreation Fee: Value is reduced with each use.
- ◆ May be renewed annually after June 1st
- ◆ A Recreation Punch Card will expire the following May 31st regardless of when it is issued.
- ◆ \$15 replacement fee if lost or stolen: Cannot be replaced if completely used.

The Recreation Punch Card can be used to pay for any of the following privileges:

- ◆ For beach access parcels - the full cost of guest access to the beaches and daily boat launching fees.
- ◆ For all parcels - **the difference between the "Resident" and "Non-Resident" daily or hourly rates at the Recreation Center, Tennis Center, Diamond Peak Ski Resort and IVGID golf courses.**
- ◆ The Resident rate must still be paid.

Deed Restrictions

Parcels annexed to the District after May 30th, 1968 are not eligible for District beach access as per deed restrictions listed on the beach property. As a result, parcels in this category pay a reduced Recreation Fee assessment. Photo ID and Punch Cards issued will be labeled **"NO BEACH."**

Fraudulent Use

False or misleading information to obtain a Recreation Punch Card or Recreation Photo ID, or any fraudulent use of such Punch Card or Photo ID, will be grounds for voiding all recreation privileges issued against the parcel for a period of up to one (1) full year. The District reserves the right to pursue any other legal action. It is strictly forbidden for any individual to sell an assignment of Recreation Privileges, or to sell individual Recreation Photo IDs or Recreation Punch Cards. Any such sale of privileges, Photo IDs or Punch Cards is considered to be fraudulent use and will be grounds for voiding all recreation privileges issued against the parcel. The District reserves the right to pursue any other legal action.

Misconduct

Use of the District's facilities by any Photo ID holder or Punch Card holder is a privilege which may be revoked or suspended at the sole discretion of the District. Users may be removed from the facilities and/or their privileges may be suspended or revoked for misconduct or misuse of the facilities for any period deemed appropriate by the District. All recreation privileges pertaining to a specific parcel may be suspended or revoked if misconduct or misuse results from the exercise of any privileges pertaining to that parcel. The privileges of parents may be suspended or revoked if a child **engages in misconduct or misuse, regardless of whether the parents' and child privileges pertain to the same parcel. Said misconduct or misuse** includes, but is not limited to: failure to abide by any rule or regulation established by the District; violation of any law or ordinance; disorderly and/or abusive behavior; excessive or improper use of alcohol and/or drugs; and vandalism or any other form of property damage.

Multiple Owners

Any recorded owner of a parcel can apply for recreation privileges. If you are a co-owner, you may want to coordinate the privileges with the other owners. Privileges are assigned on a first-come, first-served basis. If you are not the first owner to apply, IVGID will be happy to issue you any privileges not already issued to another owner, but it cannot issue more than the five (5) privileges that are allotted to the property.

Returning Previously Issued Passes

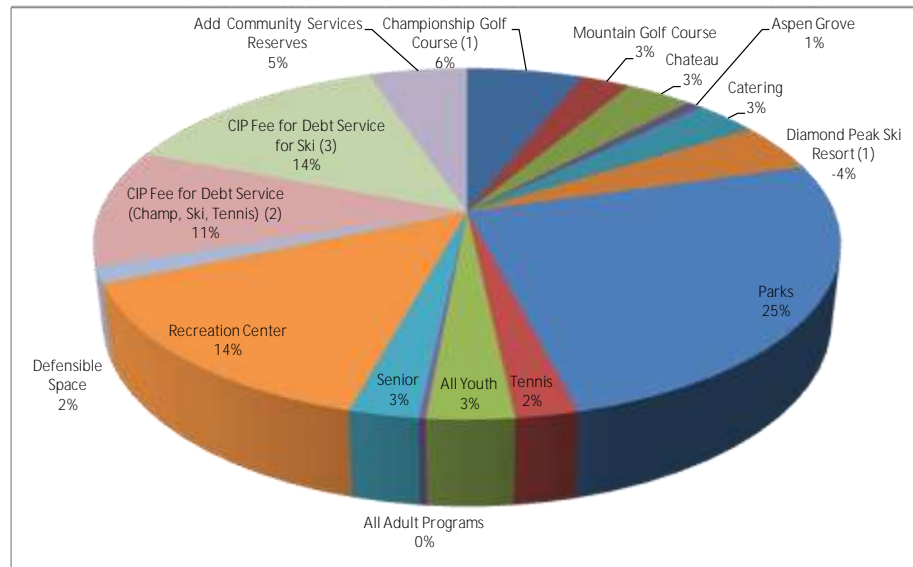
To avoid delays if you are selling your property, all of the previously issued Recreation Photo IDs and Recreation Punch Cards on your parcel must be returned to the Parks & Recreation Department. You will be required to pay a fee to invalidate all previous Photo IDs and Punch Cards that are not returned. This is usually handled in the escrow process. If you are a new owner and the previous owner did not remit the old passes at the time of closing, there will be a fee to void any Recreation Photo IDs or Recreation Punch Cards previously issued.

If you would like to return a Recreation Photo ID to make space for another family member or tenant, you may do so only after six months of issuance (you will be required to pay a fee if the pass is not returned). Recreation Punch Cards can be returned, however, there is a fee + the total dollar amount of value used.

IVGID FINANCIALS

Your Recreation Facility Fee is used to support the various recreational amenities available to the parcel owners and residents of the Incline Village/Crystal Bay Community. Your Beach Facility Fee is used to support beach operations for Burnt Cedar, Incline and Ski Beaches and is assessed only to parcels within the District as of June 1, 1968, per deed restrictions listed on the beach property. Both fees are annually billed on the Washoe County property tax bills and are listed as separate items. Billing the Recreation Facility Fee and Beach Facility Fee, on the Washoe County property tax bill, is a cost effective method to keep the cost of administering both facility fees. The following two allocation tables summarize how the two fees break out among operations, capital expenditures, and debt service on a per parcel/dwelling unit basis for the following recreational amenities.

	(1)	(2)	(3)	(sum 1,2,3) Total
Recreation Facility Fee Allocation Table	Operating	Capital	Debt Service	Recreation Facility Fee
Fiscal Year 2010-2011				
Championship Golf Course (1)	(\$2)	\$18	\$31	\$47
Mountain Golf Course	8	14	-	20
Chateau	2	1	24	27
Aspen Grove	8	-	-	8
Catering	25	1	-	26
Diamond Peak Ski Resort (1)	(112)	57	20	(35)
Parks	90	108	2	200
Tennis	14	3	1	18
All Youth	25	-	-	25
All Adult Programs	2	-	-	2
Senior	20	-	-	20
Recreation Center	83	28	1	112
Defensible Space	-	12	-	12
CIP Fee for Debt Service (Champ, Ski, Tennis) (2)	-	-	85	85
CIP Fee for Debt Service for Ski (3)	-	-	110	110
Add Community Services Reserves	-	-	-	40
Total Fiscal Recreation Facility Fee	\$159	\$242	\$274	\$715



	(1)	(2)	(3)	(sum 1,2,3) Total
Beach Facility Fee Allocation Table	Operating	Capital	Debt Service	Total Beach Fee
Fiscal Year 2010-2011				
Fiscal Beach Facility Fee	\$88	-	\$17	\$115

(1) Bracketed number indicates a reduction in the RFF
 (2) Capital Improvement Project (CIP) Fee sunsets in 2013 for Championship Golf Course renovation, Diamond Peak High Speed Quad, and 4 upper Tennis Courts
 (3) Capital Improvement Project (CIP) Fee sunsets in 2018 for Diamond Peak Phase 1 & 2 Lodge and Skier Services Building

There are 8,248 parcels/dwelling units assessed the \$715 Recreation Facility Fee and 7,810 parcels/dwelling units assessed the \$115 Beach Facility Fee within Incline Village and Crystal Bay. For more information regarding the facility fees please call Director of Finance Gerry Eick at (775) 832-1365

IVGID FINANCIALS

Budget Highlights and Parameters for the 2011-2012 Annual Budget

The budget highlights directs the focus to how the individual departments budgeted for net sources or uses and capital spending. The following is a list of budget highlights:

- The District overall has budgeted \$478K net uses over sources.
- The District overall is projecting to end 2010-2011 and 2011-2012 the year with cash and investments of \$16.3 million and \$15.7 million respectively.
- The District will be paying down \$2.7 million in outstanding bonds.
- The General Fund (GF) operating rate increases from .0806 to .1129 as determined by Nevada Revised Status.
- The General Fund ad valorem tax is \$1.4 million. The consolidated sales tax has been budgeted to drop by 1.67% or \$17K.
- Utility Fund has budgeted for a \$820K uses over sources.
- Utility capital improvements are budgeted at \$6.8 million which includes water capital projects of \$4.0 million sewer capital projects of \$2.8.
- Utility Fund is budgeted to received \$3.5 million in capital grants.
- The Championship Golf Course has budgeted for \$829K net uses over sources and is allocated \$47 of the Recreation Facility Fee. Capital projects are budgeted at \$149K.
- The Mountain Golf Course has budgeted for \$128K net uses over sources and is allocated \$20 of the Recreation Facility Fee. Capital projects are budgeted at \$117K.
- The Facilities Department has budgeted for \$452K net uses over sources and is allocated \$59 of the Recreation Facility Fee. Capital projects are budgeted at \$14K.
- The Diamond Peak Ski Resort has budgeted for \$476K net uses over sources and is allocated (\$35) of the Recreation Facility Fee. Capital projects are budgeted at \$467K.
- The Parks and Recreation Department has budgeted for \$3.0 million net uses over sources and is allocated \$377 of the Recreation Facility Fee for its operations of Parks, Tennis, Youth Programs, Adult Programs, Senior Programs, and Recreation Center.
- The Parks and Recreation Department capital improvements are budgeted at \$2.7 million which includes restoration work at Incline and Third creeks that are 100% funded from grants and individual contributions.
- The total Recreation Facility Fee that supports Community Services operations is \$715.
- \$40 of the Recreation Facility Fee is to build reserves in the Community Services Fund
- The Beach Facility Fee that supports the Beach Enterprise Fund is \$115.

**Annual Budget
Fiscal Year 2011-2012
All District Operating and Net Income**

	<u>Budget</u>
Operating Revenues	
Ad Valorem Property Tax	\$ 1,381,546
CTX General Sales Tax	1,022,487
Recreation Facilities Fees	5,897,320
Beach Facilities Fees	898,150
Intergovernmental - Operating Grants	12,000
Charges for Services	23,054,778
Fines and Penalties	27,000
Penalties and Interest	-
Rents	479,083
Total Operating Revenues	<u>32,772,364</u>
Operating Expenses	
Personnel Cost	
Salaries and Wages	10,229,122
Employee Benefits	3,978,743
Professional Services	406,100
Services and Supplies	6,720,948
Insurance	481,500
Worker Compensation Claims	149,800
Utilities	2,560,200
Cost of Goods and Services Sold	824,320
Depreciation	5,195,000
Capital Expenditures	
Fuels Management	200,000
Capital Outlay	12,000
Total Operating Expenses	<u>30,757,733</u>
Operating Income (Loss)	<u>2,014,631</u>
Non Operating Revenues (Expenses)	
Investment Earnings	162,900
Non Operating Leases	57,000
Debt Service Interest	(757,646)
Total Non Operating Revenues (Expenses)	<u>(537,746)</u>
Net Income	<u>\$ 1,476,885</u>

WATER, SEWER, TRASH & RECYCLING

Your Water, Sewer, Trash and Recycling Services

Incline Village General Improvement District provides water and sewer services and contracts for trash and recycling services through Waste Management, Inc. The following frequently asked questions provide a quick reference of our services:

General FAQ

What are the Utility Division's office hours?

The IVGID Public Works and Utilities hours are: 8:00 to 4:30 pm, Monday through Friday.

Where is the Utility Billing Office located?

The office is located at 1220 Sweetwater Road in Incline Village, Nevada next to the Waste Management transfer station.

When do I pay my water, sewer and trash bill?

IVGID utility payments must be received by noon on the due date indicated on your bill. Water, sewer and trash are billed monthly on the 19th of each month by IVGID. Commercial trash is billed directly by Waste Management.

I need to pay my utility bill. What form of payment do you accept?

To pay utility bills, IVGID accepts cash, checks, money orders and electronic payments made by customers through their bank or online bill pay service. We also offer Electronic Funds Transfer from a checking or savings account within the United States of America.

How do I make sure my utility bill payment is processed promptly?

When paying your utility bill, return the top portion of your bill (the stub) with your payment. To change your mailing address, write the new address on the stub and return it with your payment. To make any other changes to your bill, call (775) 832-1203. For your convenience, a 24-hour utility payment drop box is located at the IVGID Administration Office, 893 Southwood Blvd.

Water and Sewer FAQ

I have a water and/or sewer issue that needs personal attention. Who do I contact?

All water and sewer service call-outs require a 48-hours notice (except emergencies) and may be subject to a service call charge. Please call the Utility Office at (775) 832-1203.

My water meter needs to be re-read or checked. How do I schedule that?

If you require such service, call (775) 832-1203.

I need to have my water meter turned on/off for the season. What do I do?

Pick up a Seasonal On/Off request form at 1220 Sweetwater or get it online at www.ivgid.org. This request requires 48-hours notice and the meter must be accessible. The fine for meter tampering is \$100 levied on the property.

I want an agent to receive my utility bill. How do I arrange this?

The owner of the property must request in writing to have the bill sent to the agent. The owner is still responsible for payment if the agent defaults. You can find the Designation of Agent form on our website at www.ivgid.org or you may contact the Utility Office at (775) 832-1203 to have it sent or faxed to you.

How do I schedule an inspection?

For Backflow Inspections, please call the Inspection Request Hotline at (775) 832-1313; for all other inspections, please call the Compliance Department at (775) 832-1224.



Recycling and Trash FAQ

When are my next trash and/or recycling pick up day?

Waste Management provides weekly trash service. Residential recycling service is every other week depending on your location (call Waste Management for your schedule). Do you have dumpster service? Do not put blue bags/recyclables in a trash dumpster. Look for the 'mixed recyclables' 96 gallon cart or designated recycling dumpster, and place your recycling inside.

What can I recycle at the curb?

You can recycle the following items in a 'blue bag': glass (all colors), aluminum cans, aluminum foil, steel or tin cans, clean mixed paper (including junk mail, all white or colored office paper, magazines, newspaper, envelopes, paper bags, corrugated cardboard (flatten/cut into smaller pieces), paperboard (including food packaging such as cereal boxes, soda boxes, paper towel rolls, egg cartons) plastics #1 through # 7. NO plastic bags, NO plastic film, NO Styrofoam. Please rinse food waste off all recyclable materials. Blue bags are available in various sizes at many local retailers. Please visit our website at www.ivgid.org or call Waste Not at (775) 832-1284 for more information on the recycling program.

WATER, SEWER, TRASH & RECYCLING

Recycling & Trash FAQ's, cont.

How do I recycle cardboard?

Recycle corrugated cardboard in your blue bag. Please cut or flatten cardboard to fit in the blue bag. Cardboard may also be cut, securely bundled and placed next to your blue bags. Loose cardboard will not be collected curbside. If you have large quantities, there is 7 day a week drop-off available at the Waste Management Transfer Station.

How do I recycle tree trimmings, Christmas trees, yard debris?

Seasonal recycling programs are available for green waste. Please contact Waste Not at (775) 832-1284 for current program details.

What are the trash and recycling drop-off hours?

The Waste Management transfer station is open Monday through Friday 8:00 am to 4:30 pm and Saturday and Sunday 8:00 am to 4:00 pm. The station is located on the corner of Sweetwater Rd and State Route 28 in Incline Village. Phone is (775) 831-2971.

How do I recycle car batteries, motor oil and anti-freeze?

Drop off your car batteries, motor oil and anti-freeze for recycling at the Waste Management Transfer Station during business hours. For more information, call (775) 831-2971.

Where do I take Household Hazardous Waste (HHW)?

Waste Not accepts HHW every Tuesday and Thursday from 3:00 pm to 5:00 pm at 1220 Sweetwater, Incline Village, NV. This program accepts: acids, aerosols, batteries, fluorescent light bulbs, household cleaners, fertilizers, pesticides, flammable liquids, herbicides, poisons, solvents, gasoline, oil paints and stains. Latex paint is now accepted. Waste Not does not accept HHW from commercial customers. Commercial customers may call a commercial hazardous waste disposal service. We will refuse potentially dangerous or unlawful substances. Please contact Waste Not at (775) 832-1284 for current program details.

Where can I take my computers and electronics to be recycled?

Waste Not accepts computer and electronic waste at no charge on Tuesdays and Thursdays between 3:00 pm and 5:00 pm. Items accepted include monitors, towers, laptops, accessories including cables, office equipment, stereos, telephones, mobile phones, radios and more. We are now accepting televisions and small kitchen appliances for recycling. Most items accepted at no charge, there is a \$5 to \$15 fee for television recycling. For more information, contact Waste Not at (775) 832-1284.

Where do I take televisions and large appliances to be recycled? Is there a charge?

Large bulky items are not collected curbside under normal service. Special pickup can be arranged by calling Waste Management at (775) 831-2971. Appliance drop-off is available 7 days a week at the Incline Transfer Station. Refrigerators may be recycled for \$30.50 (includes \$2 environmental fee). Washers, dryers, water heaters and stoves may be recycled for \$18 (includes \$2 environmental fee). Televisions are not recycled at the transfer station. Television and small electronics may be recycled through the Waste Not Programs, detailed above. Fees are subject to change. Please call Waste Not at (775) 832-1284 for more information.

What about those "hard to recycle" items? How do I get more information on recycling?

Waste Not maintains a comprehensive recycling guide, available by calling (775) 832-1284, or visiting the web at: www.ivgid.org/conservation.

What is a Waste Tote and where do I get one?

A Waste Tote is a 96-gallon can with heavy duty wheels and a lid. Please be advised they are not wildlife resistant (bear-proof). They must be stored indoors, except for day of service. They are available to rent from Waste Management. The totes are delivered and picked up from your property and will be replaced at no charge if damaged or stolen. For current pricing information call Waste Management at (775) 831-2971.

How can I keep bears and other wildlife from getting into my trash?

The best way to keep bears and other wildlife out of your trash is to keep your trash in a bear-proof garbage container at all times. There are two kinds of bear-proof garbage containers – bear boxes and bear totes. Bear boxes are permanent steel boxes installed on a concrete base that can hold from one to three cans of garbage. Bear Totes are reinforced rolling garbage totes with a bear-proof latching system. For more information on either of these options contact Waste Not at (775) 832-1284 or visit our website. More information can also be found at www.stashyourtrash.org. Another option is to keep your trash in your garage until the day of pick up. Be advised, bears have broken into garages in pursuit of food waste. Place trash curbside after 5 am on day of service only.

I visit only on weekends, how do I properly contain my trash?

Trash must be contained at all times. To help residents and visitors properly contain their waste, Waste Management is open seven days a week. Residents and guests may bring up to two bags of trash per week free of charge. Recycling drop-off is also available at no charge. The Waste Management transfer station is open Monday

through Friday 8:00 am to 4:30 pm and Saturday and Sunday 8:00 am to 4:00 pm. The station is located on the corner of Sweetwater Rd and State Rte 28 in Incline Village, NV. Consider a bear box or a bear tote; call Waste Not at (775) 832-1284 for more information.



BLUE BAG PROGRAM & QUICK REFERENCE NUMBERS



Don't just trash it... **BLUE BAG IT!**



Incline Village/Crystal Bay New! Blue Bag Recycling Program

Yes!
All Mixed Paper – newspapers, magazines, catalogs, junk mail (plastic windows and clasp okay), paperboard such as food packaging boxes, cereal boxes (remove plastic film and liners), computer paper, paper towel rolls, office paper, colored paper, phone books, egg cartons.



Yes!
Plastics # 1-7



Rigid Plastic – i.e., laundry baskets, snow toys, etc. Must fit into blue bag for free collection.

Cardboard – break down and cut up boxes to fit into blue bags.

Questions?
IVGID WASTE NOT HOTLINE
775-832-1284
WWW.IVGID.ORG

No!
Ceramic dishes or cups
Juice boxes, milk cartons, aseptic packaging
Waxed cardboard, styrofoam®
Mirrors, window glass
Call for drop-off recycling
Fluorescent light bulbs, plastic bags
Household batteries
Hazardous waste, universal waste
Electronics



Do you have dumpster service? Do not put blue bags/recyclables in a dumpster. Look for the 'mixed recyclables' 96 gallon cart or designated recycling dumpster, and place your recycling inside the cart for collection.

PLASTICS #1 through # 7 are accepted! All shapes and sizes with the following symbols on the bottom of the package:



Quick Reference Numbers			
IVGID 24-hr Water/Sewer Emergency (775) 832-1203 24 hr Trash Problem Hotline (775) 832-1221 IVGID Utility and Public Works Office (775) 832-1203 1220 Sweetwater Rd. Incline Village, NV 89451	IVGID Inspection Request Hotline (775) 832-1224 (775) 832-1313 (backflow) IVGID Administration (775) 832-1100 893 Southwood Blvd. Incline Village, NV 89451 IVGID Waste Not Household Hazardous Waste, Recycling, Wildlife Containers & Water Conservation HOTLINE: (775) 832-1284 wastenot@ivgid.org 1220 Sweetwater Rd. Incline Village, NV 89451	Waste Management (contracted trash disposal & recycling service) (775) 831-2971 Nevada Recycling Hotline (800) 597-5865 NDOW – Nevada Dept. of Wildlife (to report a problem bear) (775) 688-1331	<u>Other Important Numbers</u> Washoe County Sheriff's Department (775) 832-4110 NV Energy (Report an Outage) (800) 782-2506 Southwest Gas (Emergency) (800) 772-4555 Washoe County Health Dept. (775) 328-2400 Washoe County Roads Dept. (775) 832-4125

COMMUNITY RESOURCE GUIDE

American Youth Soccer Org. (AYSO) www.soccer.org (775) 833-2976	NV Division of State Parks http://parks.nv.gov (775) 684-2770 (Sand Harbor (775) 831-0494)	Sierra Avalanche Center www.sierraavalanchecenter.org Avalanche Hotline: (530) 587-2158
CA State Parks www.parks.ca.gov (800) 777-0369	Nevada Tahoe Conservation District www.ntcd.org (775) 586-1610 (ext. 28)	Tahoe Rim Trail www.tahoerimtrail.org (775) 298-0012
Farmers' Markets (Local) www.foothillfarmersmarket.com	North Lake Tahoe Bonanza www.tahoebonanza.com (775) 831-4666	USDA Forest Service www.fs.fed.us/r5/ltbmu (530) 543-2600
Incline Afterschool Organization www.inclineafterschoolorganization.org (775) 745-6484	North Lake Tahoe Demo Garden http://demogarden.org (775) 831-8437	US Fish and Wildlife Service (775) 861-6300 www.fws.gov/nevada
Incline Sailing Club (775) 831-6648	North Tahoe Little League (775) 831-8555	Sierra Nevada College www.sierranevada.edu (775) 831-1314
IV/CB Chamber of Commerce www.laketahoechamber.com (800) 519-1584	Pacific Crest Trail www.pcta.org Phone: (916) 349-2109	Incline Village Community Hospital (775) 833-4100 www.tfhd.com
Lake Tahoe Review www.laketahoereview.com (775) 224-2025	Parasol Tahoe Community Foundation www.parasol.org (775) 298-0100	North Lake Tahoe Fire Protection District www.nltfpd.net (775) 831-0351
NV Department of Wildlife (775) 688-BEAR ndowinfo@ndow.org ; www.ndow.org	Bear League (530) 525-PAWS	

WE'VE GONE GREEN!

The Parks and Recreation facilities and programs have taken steps to take better care of our environment. We are using recyclable, compostable and organic materials and supplies as much as possible. We are implementing ways to reduce the amount of energy we need to provide our services.

**TIME TO WINTERIZE! AVOID FROZEN PIPES!**

- ✓ Make sure water meter boxes are accessible.
- ✓ Verify metal meter stakes are installed at the water meter to ensure quick emergency location.
- ✓ Detach hoses and sprinklers from hose bibs.
- ✓ Shut off and drain irrigation systems.
- ✓ Remove backflow devices on irrigation systems and store inside to prevent damage.
- ✓ If your water is on, set thermostat to a minimum of 55 degrees.
- ✓ When leaving town, shut off water at customer shut-off valve unless you have hydronic heat or other unusual conditions. Consult a plumber if you have questions.
- ✓ Close vents and other openings that allow cold air to reach plumbing under the house.
- ✓ Keep local fire hydrants accessible.
- ✓ Post written directions for water shutoff in home for visitors, renters, and emergency situations.
- ✓ Post emergency contact information for property management or homeowner association contacts.

INCLINE VILLAGE LAKE TAHOE



LAKE TAHOE