



Aqua Fitness Schedule

FEBRUARY 2012



****As a courtesy to our customers, instructor names are published on the schedule, however, are subject to change & will not be updated on this schedule or website during the week.****

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 7:00am LIQUID CARDIO Sandy 9:30am COMBO Bobsie	2 9:30am COMBO Sally 10:45am H2O BASIC Sally	3 7:00am LIQUID CARDIO Shirley 9:30am COMBO Sally	4 9:30am COMBO Shirley
5	6 7:00am LIQUID CARDIO Sandy 9:30am COMBO Bobsie	7 9:30am COMBO Bobsie 10:45am H2O BASIC Kathy	8 7:00am LIQUID CARDIO Sandy 9:30am COMBO Bobsie	9 9:30am COMBO Sally 10:45am H2O BASIC Sally	10 7:00am LIQUID CARDIO Shirley 9:30am COMBO Sally	11 9:30am COMBO Shirley
12	13 7:00am LIQUID CARDIO Sandy 9:30am COMBO Bobsie	14 9:30am COMBO Bobsie 10:45am H2O BASIC Kathy	15 7:00am LIQUID CARDIO Sandy 9:30am COMBO Bobsie	16 9:30am COMBO Sally 10:45am H2O BASIC Sally	17 7:00am LIQUID CARDIO Shirley 9:30am COMBO Sally	18 9:30am COMBO Debi
19	20 7:00am LIQUID CARDIO Sandy 9:30am COMBO Bobsie	21 9:30am COMBO Bobsie 10:45am H2O BASIC Kathy	22 7:00am LIQUID CARDIO Sandy 9:30am COMBO Debi	23 9:30am COMBO Sally 10:45am H2O BASIC Sally	24 7:00am LIQUID CARDIO Shirley 9:30am COMBO Sally	25 9:30am COMBO Shirley
26	27 7:00am LIQUID CARDIO Sandy 9:30am COMBO Shirley	28 9:30am COMBO Bobsie 10:45am COMBO Kathy	29 7:00am LIQUID CARDIO Sandy 9:30am COMBO Bobsie	All aqua fitness classes - 55+ friendly rate applies: <ul style="list-style-type: none"> • \$10 for non-members • \$5 for non-members with IVGID Pass 		